GEOMETRICALLY CONSTRAINED WALLS IN THREE DIMENSIONS

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ABSTRACT. We study geometrically constrained magnetic walls in a three dimensional geometry where two bulks are connected by a thin neck. Without imposing any symmetry assumption on the domain, we investigate the scaling of the energy as the size of the neck vanishes. We identify five significant scaling regimes, for all of which we characterise the energy scaling and identify the asymptotic behaviour of the domain wall. Finally, we notice the emergence of sub-regimes that are not present in the previous works due to restrictive symmetry assumptions.

1. Introduction

Magnetic domain walls are regions in which the magnetisation of a material changes from one value to another one. In the presence of extreme geometries, such as that of a dumbbell-shaped domain (see Figure 1), the magnetic wall is more likely to be found in or around the neck; in this and similar geometry-driven situations, one usually speaks of geometrically constrained walls, to stress the fact that the domain shape plays a pivotal role in the localisation of the transition region of the magnetisation, for instance, when prescribing it in the bulky parts of the dumbbell.

The study of the behaviour of the magnetisation in a dumbbell-shaped domain is relevant in micro- and nano-electronics application, where the neck of the dumbbell models magnetic point contacts. We refer the reader to [11, 17, 18, 20, 25, 26] for an incomplete list of applications and contexts of relevance of geometrically constrained walls. If one imposes two different values of the magnetisation, one in each of the two macroscopic components, a transition is expected in the vicinity of the neck, as initially observed by Bruno in [5]: if the neck is small enough, so that the geometry of the material varies drastically when passing from one bulk to the other, it can play a crucial role in determining the location of the magnetic wall, by influencing the mere minimisation of the magnetic energy. Three scenarios are to be considered: the transition may happen either completely inside the neck, or partly inside and partly outside the neck, or completely outside the neck.

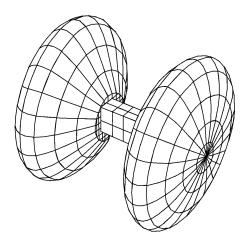


FIGURE 1. A pictorial representation of a typical domain of interest.

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The model features a sufficiently smooth potential which is minimal at the imposed values of the magnetisation in the bulk parts of the dumbbell, and a gradient term penalising transitions; the two are competing as soon as the values of the magnetisation in the bulks are not the same. To model the geometries that are of interest in the applications, we will consider an infinitesimally small neck, whose size is determined by three parameters $\varepsilon, \delta, \eta > 0$:

$$N_{\varepsilon} := \{ \mathbf{x} = (x, y, z) \in \mathbb{R}^3 : |x| \leqslant \varepsilon, |y| < \delta, |z| < \eta \},$$
(1.1)

with the understanding that all three of them vanish when $\varepsilon \to 0$, that is $\delta = \delta(\varepsilon) \to 0$ and $\eta = \eta(\varepsilon) \to 0$, as $\varepsilon \to 0$. The full domain is described by

$$\Omega_{\varepsilon} := \Omega_{\varepsilon}^{\ell} \cup N_{\varepsilon} \cup \Omega_{\varepsilon}^{r}, \tag{1.2}$$

 $\Omega_{\varepsilon} \coloneqq \Omega_{\varepsilon}^{\ell} \cup N_{\varepsilon} \cup \Omega_{\varepsilon}^{\mathrm{r}}, \tag{1.2}$ where $\Omega_{\varepsilon}^{\ell} = \Omega^{\ell} - (\varepsilon, 0, 0)$ and $\Omega_{\varepsilon}^{\mathrm{r}} = \Omega^{\mathrm{r}} + (\varepsilon, 0, 0)$, for certain open sets $\Omega^{\ell} \subset \{x < 0\}$ and $\Omega^{\mathrm{r}} \subset \{x > 0\}$ such that $0 \in \partial \Omega^{\ell} \cap \partial \Omega^{\mathrm{r}}$. This geometry makes the x direction the preferred one, whereas the y- and z-direction can be interchanged upon a change of coordinates; this motivates the fact that we will use, throughout the work, the subscript ε alone as an indication of the smallness of the neck.

We are interested in understanding the asymptotic behaviour, as $\varepsilon \to 0$, of stable critical points (see Definition 2.2) of the energy

$$F(u, \Omega_{\varepsilon}) := \frac{1}{2} \int_{\Omega_{\varepsilon}} |\nabla u(\mathbf{x})|^2 d\mathbf{x} + \int_{\Omega_{\varepsilon}} W(u(\mathbf{x})) d\mathbf{x}, \qquad (1.3)$$

defined for $u \in H^1(\Omega_{\varepsilon})$, where $d\mathbf{x} = dxdydz$ and

$$\begin{cases} W : \mathbb{R} \to [0, +\infty) \text{ is a function of class } \mathcal{C}^2 \text{ such that} \\ W^{-1}(0) = \{\alpha, \beta\} \text{ for some } \alpha < \beta \text{ and } \lim_{|t| \to +\infty} W(t) = +\infty. \end{cases}$$
 (1.4)

In (1.3), the function u represents a suitable quantity related to the magnetisation field defined on Ω_{ε} and the potential W favours the values $u(\mathbf{x}) = \alpha$ and $u(\mathbf{x}) = \beta$ for the magnetisation, corresponding to those to be imposed in the bulks. Here, the competition between the potential and the gradient terms is significantly influenced by the geometry of Ω_{ε} . The energy (1.3) was considered in [5] as a simplified model for studying the magnetisation inside a thin dumbbell domain under the assumption that the magnetic field is of the form

$$\mathbf{m}(\mathbf{x}) = (0, \cos(u(x)), \sin(u(x))). \tag{1.5}$$

Despite this simplifying assumption, the mathematical analysis is rich enough to exhibit nontrivial behaviours of the magnetisation.

1.1. Related literature. The body of literature on this problem counts many physical contributions stemming from Bruno's work [5] and a few mathematical items, which we are going to briefly review to give a context to our novel results.

In [5], Bruno considers the special geometry of a thin $(0 < h \ll 1)$ three-dimensional wall $\Omega = S \times (-h, h)$, where S is a planar region with a dumbbell shape whose neck is located at the origin and the bulks are in $\{x < 0\}$ and $\{x > 0\}$. He assumes that the preferred directions of the magnetisation vector are $\mathbf{m} = (0, 0, \pm 1)$ and makes the Ansatz (1.5) that it varies only in the y-z plane, as a function of the x-coordinate alone. The energy that Bruno minimises is the one usually describing Bloch walls and turns out to be a functional of u alone, with two emerging length scales when imposing that $\mathbf{m} \approx (0,0,\pm 1)$ in $\{\pm x > 0\}$: one driven by the shape S of the domain, the other one dictated by the physical parameters entering the expression of the energy. Despite Bruno's insightful intuition, the special form of the magnetisation has some limitations, some of which were removed (for instance, by allowing \mathbf{m} to vary also in the x-z plane and considering fully three dimensional geometries) in [21].

Among the mathematical literature on this topic, we mention [1, 2, 3, 4, 9, 13, 14, 15, 16] as far as the PDE aspect is concerned, and [6, 8, 7, 24] for variational approaches. Finally, we discuss two more recent contributions in detail, since the results we obtain are related to them.

In the work by Kohn & Slastikov [19], the problem is studied in the full three-dimensional setting, with the assumption that the geometry be axisymmetric: the dumbbell Ω_{ϵ} is a rotation body around the x axis, so that the shape parameters of the neck are essentially its length

 ε and its radius δ . By taking advantage of a scale-invariant Poincaré inequality for Sobolev functions and by reducing the problem to a one-dimensional variational one, the authors proved the existence of three possible regimes, according to the value of the limit $\lim_{\varepsilon \to 0} \delta/\varepsilon = \lambda \in [0, +\infty]$ and singled out a thin neck regime $(\lambda = 0)$, a normal neck regime $(\lambda \in (0, +\infty))$, and a thick neck regime $(\lambda = +\infty)$. In the first case the transition happens entirely inside the neck and is an affine function of the x-coordinate, in the second case the transition happens across the neck, partially inside and partially outside, depending on the value of λ , whereas in the third case the transition happens entirely outside the neck. These behaviours are found by studying the energy of particular competitors (essentially, an affine transition inside the neck and a harmonic transition in a spherical shell just outside the neck) and then rescaling the minimiser in the vicinity of the neck.

In the works by Morini & Slastikov [22, 23] the same problem was addressed in the case of magnetic thin film, that is when the domain has the shape of a dumbbell, but it is two-dimensional, that is, in Bruno's setting in the limit as $h \to 0$. Mathematically speaking, the endeavour is more difficult on two accounts: the scale-invariant Poincaré inequality is not available in dimension two, and the problem loses its variational character. Methods that are typical from the study of PDE's were employed to construct suitable barriers to estimate the solutions. Moreover, due to the slow decay of the logarithm (the fundamental solution to Laplace's equation in two dimensions), sub-regimes became available in addition to the thin, regular, and thick neck regimes already analyzed by Kohn & Slastikov: the sub-critical, critical, and super-critical thin neck regimes were found according to the value of the limit $\lim_{\varepsilon \to 0} (\delta |\ln \delta|)/\varepsilon \in [0, +\infty]$, displaying a richer variety. In the case of sub-regimes, the rescaling of the minimisers to study their asymptotic behaviour is not trivial; nonetheless, the authors managed to characterise the profiles as the unique solutions to certain PDE's where the boundary conditions track the expected asymptotic behaviour.

Both in Kohn & Slastikov's and in Morini & Slastikov's papers the technique involves two steps: (i) estimate the energy of minimisers to understand if the wall is located all inside, all outside, or across the neck, and

(ii) rescaling the whole domain Ω_{ε} to an appropriate Ω_{∞} in a way that either a variational problem or a PDE can be studied in Ω_{∞} , which brings to the attention that the boundary $\partial\Omega_{\infty}$ must be a set in which boundary conditions can be prescribed.

2. Main result

- 2.1. Set up of the problem. We study a mathematical model to characterise magnetic domain walls in a three-dimensional dumbbell-shaped domain (see Figure 1). The two bulks are modelled by two bounded, connected, open sets Ω^{ℓ} , $\Omega^{r} \subset \mathbb{R}^{3}$ such that
 - (H1) the origin (0,0,0) belongs to $\partial \Omega^{\ell} \cap \partial \Omega^{r}$;
 - (H2) $\Omega^{\ell} \subset \{x < 0\}$ and $\Omega^{r} \subset \{x > 0\}$;
 - (H3) there exists $r_0 > 0$ such that $(\partial \Omega^{\ell}) \cap B_{r_0}(0,0,0)$ and $(\partial \Omega^{r}) \cap B_{r_0}(0,0,0)$ are contained in the plane $\{x = 0\}$, i.e., the bulks are flat and vertical near the origin, where the conjunction with the neck will be located.¹

We let $\varepsilon > 0$ and define the neck region as in (1.1), so that the dumbbell-shaped domain Ω_{ε} is defined as in (1.2), where $\Omega_{\varepsilon}^{\ell} = \Omega^{\ell} - (\varepsilon, 0, 0)$ and $\Omega_{\varepsilon}^{r} = \Omega^{r} + (\varepsilon, 0, 0)$. We notice that Ω_{ε} is a bounded, connected, open set with Lipschitz boundary.

We now give the relevant definitions of critical points and isolated local minimiser for the functional $F(\cdot, \Omega_{\varepsilon})$ introduced in (1.3).

¹We point out that this assumption is made for mere convenience and it does not affect the generality of our results. While allowing the reader to focus on the main qualitative geometrical properties of the domain, it can be removed following the strategy outlined in [22].

Definition 2.1. We say that a function $u_{\varepsilon} \in H^1(\Omega_{\varepsilon})$ is a critical point of $F(\cdot, \Omega_{\varepsilon})$ if it is a weak solution to the system

$$\begin{cases} \Delta u_{\varepsilon} = W'(u_{\varepsilon}) & \text{in } \Omega_{\varepsilon}, \\ \frac{\partial u_{\varepsilon}}{\partial \nu} = 0 & \text{on } \partial \Omega_{\varepsilon}. \end{cases}$$

Definition 2.2. For $\varepsilon > 0$, let $u_{\varepsilon} \in H^1(\Omega_{\varepsilon})$ be a critical point of $F(\cdot, \Omega_{\varepsilon})$. We say that the family $(u_{\varepsilon})_{\varepsilon}$ is an admissible family of nearly locally constant critical points if

- (a) there exists $\bar{\varepsilon} > 0$ such that $\sup \{ \|u_{\varepsilon}\|_{\infty} : \varepsilon \in (0, \bar{\varepsilon}] \} =: \overline{M} < +\infty;$
- (b) $||u_{\varepsilon} \alpha||_{L^{1}(\Omega^{\ell}_{\varepsilon})} \to 0$ and $||u_{\varepsilon} \beta||_{L^{1}(\Omega^{r}_{\varepsilon})} \to 0$, as $\varepsilon \to 0$.

Moreover, we say that $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ is an admissible family of local minimisers if it satisfies, additionally,

(c) there exist $\varepsilon_0 > 0$ and $\theta_0 > 0$ such that for $\varepsilon \in (0, \varepsilon_0]$ we have $F(v, \Omega_{\varepsilon}) \geqslant F(u_{\varepsilon}, \Omega_{\varepsilon})$ for all $v \in H^1(\Omega_{\varepsilon})$ such that $0 < \|v - u_{\varepsilon}\|_{L^1(\Omega_{\varepsilon})} \leqslant \theta_0$.

Regarding the existence of minimisers, [19, Theorem 3.1] can easily be adapted to our setting.

Theorem 2.3. For $\varepsilon > 0$, let $u_{0,\varepsilon} : \Omega_{\varepsilon} \to \mathbb{R}$ be defined as

$$u_{0,\varepsilon}(\mathbf{x}) := \begin{cases} \alpha & \text{if } \mathbf{x} \in \Omega_{\varepsilon}^{\ell} ,\\ \frac{\alpha + \beta}{2} & \text{if } \mathbf{x} \in N_{\varepsilon} ,\\ \beta & \text{if } \mathbf{x} \in \Omega_{\varepsilon}^{\mathrm{r}} . \end{cases}$$

If $u_{\varepsilon} \in H^1(\Omega_{\varepsilon})$ is such that $F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant F(v, \Omega_{\varepsilon})$ for every $v \in B_{\varepsilon}$, where

$$B_{\varepsilon} := \{ u \in H^{1}(\Omega_{\varepsilon}) : ||u - u_{0,\varepsilon}||_{L^{2}(\Omega_{\varepsilon})} \leq d, ||u||_{L^{\infty}(\Omega_{\varepsilon})} < \infty \},$$

$$(2.1)$$

with $d < \min\{|\Omega^\ell|^{1/2}, |\Omega^r|^{1/2}\}$, then the family $(u_\varepsilon)_\varepsilon$ is an admissible family of local minimisers according to Definition 2.2, and $\|u_\varepsilon - u_{0,\varepsilon}\|_{L^2(\Omega_\varepsilon)} \to 0$, as $\varepsilon \to 0$.

Unlike [19], we do not assume axial symmetry of the domain and this results in a richer variety of regimes. In particular, we find that some of these regimes admit sub-regimes, as was discovered for magnetic thin films in [22, 23]. We discuss all the possible cases in the next section.

2.2. **Heuristics.** In this section, we show how to heuristically guess where the main part of the energy concentrates, just by looking at the asymptotic relationships between the three geometric parameters ε , δ , η .

First of all, we note that, given the privileged role of the parameter ε , it is trivial to see that the roles of δ and η can be interchanged upon switching the coordinate axes y and z. The regimes investigated in [19] corresponds to the cases where $\delta \sim \eta$. Therefore, here we limit ourselves to consider the other following regimes:

- (i) Super thin: $\varepsilon \gg \delta \gg \eta$;
- (ii) Flat thin: $\varepsilon \approx \delta \gg \eta$;
- (iii) Window thick: $\delta \gg \eta \gg \varepsilon$;
- (iv) Narrow thick: $\delta \gg \varepsilon \approx \eta$;
- (v) Letter-box: $\delta \gg \varepsilon \gg \eta$.

We now want to guess where the transition will happen: completely inside, completely outside, or in both regions. To understand this, we reason as follows. First of all, we expect the main part of the energy to be the Dirichlet integral. Therefore, we consider two harmonic functions that play the role of competitors for the minimisation problem

$$\min\{F(v,\Omega_{\varepsilon}):v\in B_{\varepsilon}\};$$

one where the transition from α to β happens inside the neck, and the other one where it happens only outside (and the competitor is constant inside the neck). We then compare their

energies (whose computations will be carried out in Section 3) to get a guess of where the transition will occur. The first harmonic function will be referred to as the *affine competitor*, and has energy of order

Energy of the affine competitor
$$=\frac{\delta\eta}{\varepsilon}$$
.

The second harmonic function will be referred to as the *elliptical competitor*, and has energy of order

Energy of the elliptical competitor
$$=\frac{\delta}{|\ln(\eta/\delta)|}$$
.

When one of the two energies is dominant with respect to the other, it is clear where we expect the transition to happen. In the case they are of the same order, we guess that the transition is both inside and outside the neck. This will be later confirmed by rigorous analysis. The comparison of the energies of the two harmonic competitors leads to the following heuristics:

(i) Super thin neck: In this case, we have

$$\frac{\delta\eta}{\varepsilon}\frac{|\ln(\eta/\delta)|}{\delta} = \frac{\delta}{\varepsilon}\Big(\frac{\eta}{\delta}\left|\ln(\eta/\delta)\right|\Big) \to 0,$$

as $\varepsilon \to 0$. Then we expect the transition to happen inside N_{ε} .

(ii) Flat thin neck: In this case, we obtain

$$\frac{\delta\eta}{\varepsilon}\frac{|\ln(\eta/\delta)|}{\delta} = \frac{\eta}{\delta}\left|\ln(\eta/\delta)\right| \to 0,$$

thus the transition is occurring inside N_{ε} .

(iii) Window thick neck: The comparison of the energies of the harmonic competitors gives

$$\frac{\delta\eta}{\varepsilon}\frac{|\ln(\eta/\delta)|}{\delta} = \frac{\eta}{\varepsilon}\left|\ln(\eta/\delta)\right| \to +\infty,$$

as $\varepsilon \to 0$. The transition is expected to happen entirely outside the neck.

(iv) Narrow thick neck: In this case, we have

$$\frac{\delta\eta}{\varepsilon}\frac{|\ln(\eta/\delta)|}{\delta} = |\ln(\eta/\delta)| \to +\infty,$$

as $\varepsilon \to 0$. Therefore, we expect the transition to happen outside the neck.

(v) Letter-box neck: In this case, we have the presence of sub-regimes. Indeed, the comparison of the orders of the energies of the harmonic competitors gives

$$\frac{\delta\eta}{\varepsilon}\frac{|\ln(\eta/\delta)|}{\delta} = \frac{\eta}{\varepsilon}\left|\ln(\eta/\delta)\right|,$$

whose asymptotic behaviour is not clear. Therefore, we have to consider the following sub-regimes:

(a) Sub-critical letter-box neck, when

$$\frac{\delta\eta}{\varepsilon}\frac{|\ln(\eta/\delta)|}{\delta}\to 0,$$

as $\varepsilon \to 0$. In such a case, we expect the transition happens inside the neck.

(b) Critical letter-box neck, when

$$\frac{\delta\eta}{\varepsilon} \frac{|\ln(\eta/\delta)|}{\delta} \to \ell \in (0, +\infty),$$

as $\varepsilon \to 0$. In this case, we expect the transition happens both inside and outside the neck.

(c) Super critical letter-box neck, when

$$\frac{\delta\eta}{\varepsilon}\frac{|\mathrm{ln}(\eta/\delta)|}{\delta}\to+\infty,$$

as $\varepsilon \to 0$. Here, the transition is expected to happen outside the neck.

2.3. Novelty of the present contribution and main results. In this paper, we study the full three-dimensional case of the problem with no symmetry assumption on the shape of the neck: it will be a parallelepiped as in (1.1) with all three dimensions independent from one another and all vanishing to zero as $\varepsilon \to 0$. When considering the mutual rate of convergence to zero of the three parameters $\varepsilon, \delta, \eta$, we single out five regimes that do not emerge in the analysis of Kohn & Slastikov, and for each of them we study the energy scaling. We notice that in our three-dimensional setting the scale-invariant Poincaré inequality is not always available. This inequality ensures that, given an open set $A \subset \mathbb{R}^3$, there exists a constant C > 0 such that

$$\left(\int_{\lambda A} \left| u\left(\frac{\mathbf{x}}{\lambda}\right) - \overline{u}_A \right|^6 \, d\mathbf{x} \right)^{\frac{1}{6}} \leqslant C \left(\int_{\lambda A} \left| \nabla u\left(\frac{\mathbf{x}}{\lambda}\right) \right|^2 \, d\mathbf{x} \right)^{\frac{1}{2}},$$

for all $\lambda > 0$, and all $u \in H^1(A)$. Here, \overline{u}_A denotes the average of u in A. Note that the argument to get such inequality is the same to guess the conjugate exponent in the Gagliardo-Nierenberg inequality. Despite that, we are able to investigate the behaviour of local minimisers and the associated rescaled limiting problem, which possesses a variational structure in every regime.

Due to the peculiar geometry of our problem induced by the mismatch between η and δ , namely $\eta \ll \delta$, the cross section of the junction of the neck with the bulks is a rectangle with a very large aspect ratio; this allows us to find an ellipsoidal competitor carrying less energy than the spherical one proposed in the previous works. As it depends on $|\ln(\eta/\delta)|$, the energy scaling turns out to exhibit sub-regimes in some of these cases, as described in Section 2.2.

The main achievements of the paper are the following.

(A1) For all of the above-mentioned regimes, we identify where the transition happens. More precisely, we find sequences $(\varrho_{\varepsilon})_{\varepsilon}$ depending explicitly on the parameters $\varepsilon, \delta, \eta$, with $\varrho_{\varepsilon} \to +\infty$, as $\varepsilon \to 0$, such that

$$\lim_{\varepsilon \to 0} \varrho_{\varepsilon} F_{\varepsilon}(u_{\varepsilon}, \Omega_{\varepsilon}) =: \kappa \in (0, +\infty),$$

$$\lim_{\varepsilon \to 0} \varrho_{\varepsilon} F_{\varepsilon}(u_{\varepsilon}, N_{\varepsilon}) =: \kappa_N \in [0, \kappa].$$

Their interpretation is the following: κ is the asymptotic energy in the whole domain, and κ_N that in the neck. Therefore, if $\kappa_N = \kappa$, we say that the transition happens entirely inside the neck, if $\kappa_N = 0$, the transition happens entirely outside the neck, while if $\kappa_N \in (0, \kappa)$, the transition happens both inside and outside the neck. In particular, we rigorously justify the expectations derived from the above heuristics.

(A2) In all of the regimes, we consider the profile in the region where the transition happens. We identify a proper rescaling of the independent variables that allow us to prove that such rescaled profile converges to a solution of a Dirichlet energy in a limiting domain with suitable boundary conditions. Only in the critical letter-box regime, we need to assume convergence to a limiting profile, and we prove that the latter solves a minimisation problem (see Remark 2.4). In all cases, local minimisers will converge to a constant in the region where the transition does not happen.

We refer the reader to Section 4 for the precise statements and proofs of these results.

Remark 2.4. The reason why in the critical letter-box regime we cannot prove compactness of a sequence of local minimisers, is the following. We do expect to see part of the transition inside the neck. Therefore, we rescale the local minimiser u_{ε} as $v_{\varepsilon}(x,y,z) := u_{\varepsilon}(\varepsilon x, \delta y, \eta z)$. In such a way, we get that

$$\frac{\varepsilon}{2\delta\eta} \int_{N_{\varepsilon}} |\nabla u_{\varepsilon}|^2 d\mathbf{x} = \frac{1}{2} \int_{[-1,1]^3} \left((\partial_x v_{\varepsilon})^2 + \frac{\varepsilon^2}{\delta^2} (\partial_y v_{\varepsilon})^2 + \frac{\varepsilon^2}{\eta^2} (\partial_z v_{\varepsilon})^2 \right) d\mathbf{x}.$$

The left-hand side is bounded thanks to the energy of the affine competitor. Unfortunately, since in this regime $\varepsilon \ll \delta$, we do not get a lower bound of the y-derivative of the function v_{ε} , even if we prove that each limit of the sequence $(v_{\varepsilon})_{\varepsilon}$ will only depend on the first variable.

3. Competitors

The goal of this section is to build two harmonic competitors and to compute the order of their energies. For clarity, we present the affine and elliptic competitors separately. However, at the end of the section, they are mixed together in a more general way.

3.1. **Affine competitor.** Here we build the affine competitor inside the neck and we compute its energy. Let $A, B \in \mathbb{R}$, and define the affine function $\xi_{\varepsilon} \colon \mathbb{R}^3 \to \mathbb{R}$ as

$$\xi_{\varepsilon}(\mathbf{x}) := \begin{cases} A & \text{if } \mathbf{x} \in \Omega_{\varepsilon}^{\ell}, \\ \frac{B - A}{2\varepsilon} x + \frac{B + A}{2} & \text{if } \mathbf{x} \in N_{\varepsilon}, \\ B & \text{if } \mathbf{x} \in \Omega_{\varepsilon}^{r}. \end{cases}$$

$$(3.1)$$

Then, we have that

$$\frac{1}{2} \int_{N_{-}} |\nabla \xi_{\varepsilon}|^{2} d\mathbf{x} = \frac{\delta \eta}{\varepsilon} (B - A)^{2}. \tag{3.2}$$

3.2. **Elliptic competitor.** In [19], the authors built a harmonic competitor by imposing boundary condition on *half-spheres* centred at the edges of the neck. The choice of the spherical geometry was dictated by the fact that the authors required $\delta = \eta$. In our case, the geometry will be that of an ellipsoid, suggested by the fact that one of the parameters δ and η is larger than the other.

In order to define our competitor, we first need to introduce the so-called *prolate spheroidal* coordinates. Consider, for a > 0, the change of coordinates $(x, y, z) = \Psi(\mu, \nu, \varphi)$, given by

$$\begin{cases} x = a \sinh \mu \sin \nu \cos \varphi, \\ y = a \cosh \mu \cos \nu, \\ z = a \sinh \mu \sin \nu \sin \varphi, \end{cases}$$
 (3.3)

where $(0, \pm a, 0)$ are the coordinates of the foci, $\varphi \in [0, 2\pi]$ is the polar angle, $\nu \in [0, \pi]$ is the azimuthal angle and $a, \mu > 0$. For M > 0, define the ellipsoid

$$E(a, M) := \{ \Psi(\mu, \nu, \varphi) : \mu < 2M \}. \tag{3.4}$$

Moreover, we need consider the left and the right halves of the set E_M translated at the edges of the neck. Namely, we consider the open sets

$$E_{\varepsilon}^{\ell}(a,M) := (E(a,M) \cap \{x < 0\}) - (\varepsilon,0,0),$$

and

$$E_{\varepsilon}^{\mathbf{r}}(a, M) := (E(a, M) \cap \{x > 0\}) + (\varepsilon, 0, 0).$$

Note that if $M < r_0$, where $r_0 > 0$ is given by assumption (H3), we get that $E_{\varepsilon}^{\ell}(a, M) \subset \Omega_{\varepsilon}^{\ell}$, and that $E_{\varepsilon}^{r}(a, M) \subset \Omega_{\varepsilon}^{r}$. For 0 < m < M, we define the function $\xi_{\varepsilon} \colon \mathbb{R}^{3} \to \mathbb{R}$ as

$$\xi_{\varepsilon}(\mathbf{x}) = \xi_{\varepsilon}(x, y, z) \coloneqq
\begin{cases}
\alpha & \text{in } \Omega_{\varepsilon}^{\ell} \setminus E_{\varepsilon}^{\ell}(a, M), \\
\frac{\alpha + \beta}{2} - h(x + \varepsilon, y, z) & \text{in } E_{\varepsilon}^{\ell}(a, M), \\
\frac{\alpha + \beta}{2} & \text{in } N_{\varepsilon}, \\
\frac{\alpha + \beta}{2} + h(x - \varepsilon, y, z) & \text{in } E_{\varepsilon}^{r}(a, M), \\
\beta & \text{in } \Omega_{\varepsilon}^{r} \setminus E_{\varepsilon}^{r}(a, M),
\end{cases}$$
(3.5)

where $h: E(a, M) \setminus E(a, m) \to \mathbb{R}$ is the solution to the problem

$$\begin{cases} \Delta h = 0 & \text{in } E(a, M) \setminus E(a, m), \\ h = \frac{\beta - \alpha}{2} & \text{on } \partial E(a, M), \\ h = 0 & \text{on } \partial E(a, m). \end{cases}$$

Now, our goal is to find the function h explicitly and to estimate, asymptotically, its Dirichlet energy. We look for the solution in the form $h = h(\mu)$. Then the Laplacian in prolate spheroidal coordinates is given by

$$\Delta h = \frac{1}{a^2(\sinh^2 \mu + \sin^2 \nu)} (h_{\mu\mu} + (\coth \mu)h_{\mu}) = 0,$$

or equivalently

 $(\sinh \mu h_{\mu})_{\mu} = 0.$

It follows that

$$h_{\mu} = \frac{c}{\sinh \mu},$$

and thus

$$h(\mu) = c \ln|k \tanh(\mu/2)|. \tag{3.6}$$

Enforcing the boundary conditions

$$h(2M) = \frac{\beta - \alpha}{2}$$
 and $h(2m) = 0$

yields

$$k = \coth m$$
 and $c = \frac{\beta - \alpha}{2 \ln \left(\frac{\tanh M}{\tanh m}\right)}$. (3.7)

Hence, we can write

$$h(\mu) = \frac{(\beta - \alpha)}{2 \ln \left(\frac{\tanh M}{\tanh m}\right)} \ln \left(\frac{\tanh \mu/2}{\tanh m}\right).$$

We are now in position to compute the Dirichlet energy of the function ξ_{ε} . Indeed, by using (3.6), we obtain

$$\frac{1}{2} \int_{E(a,M)\setminus E(a,m)} |\nabla \xi_{\varepsilon}|^{2} d\mathbf{x} = \frac{1}{2} \int_{E(a,M)\setminus E(a,m)} |\nabla h|^{2} d\mathbf{x}$$

$$= c^{2} a \int_{0}^{\pi} \int_{0}^{2\pi} \int_{2m}^{2M} \frac{\sin \nu}{\sinh \mu} d\nu d\varphi d\mu = \frac{\pi a (\beta - \alpha)^{2}}{\ln \left(\frac{\tanh M}{\tanh m}\right)}.$$
(3.8)

In the above expression, there are still two choices that we can make: that of the parameters a and m. We now want to choose them in such a way that

$$(N_{\varepsilon} \cap \{x = \pm \varepsilon\})^{\circ} \subset \overline{E(a, m) \cap \{x = 0\}} \pm (\varepsilon, 0, 0). \tag{3.9}$$

To enforce (3.9), we note that (3.3) implies that, for all $(x, y, z) \in \partial E(a, m)$ such that x = 0, it $\frac{y^2}{a^2\cosh^2 m} + \frac{z^2}{a^2\sinh^2 m} = 1.$ Therefore, choosing a and m to satisfy

$$\frac{y^2}{a^2\cosh^2 m} + \frac{z^2}{a^2\sinh^2 m} = 1. ag{3.10}$$

$$a \sinh m = \sqrt{2}\eta, \qquad a \cosh m = \sqrt{2}\delta$$

guarantees the validity of (3.9).

We now want to get an asymptotic estimate of (3.8), taking into account the fact that all the regimes in this paper consider the case in which $\eta \ll \delta$. By definition $a^2 = \delta^2 - \eta^2$, and then $a \approx \delta$ as $\varepsilon \to 0$. Moreover

$$tanh m = \frac{\eta}{\delta}.$$

Observe that in our regimes, when $\delta \gg \eta$, then $m \ll 1$ and

$$\ln\left(\frac{\tanh M}{\tanh m}\right) = \ln \tanh M - \ln \tanh m \approx -\ln \tanh m = -\ln \frac{\eta}{\delta},\tag{3.11}$$

for ε small enough. This, together with (3.8) implies that, for ε small enough,

$$\frac{1}{2} \int_{E(a,M)\backslash E(a,m)} |\nabla \xi_{\varepsilon}|^2 d\mathbf{x} \approx \frac{\pi \delta(\beta - \alpha)^2}{|\ln \frac{\eta}{\delta}|}.$$
 (3.12)

Finally, we note that the elliptic competitor just built gives a better upper bound on the energy of the minimiser u_{ε} than the one that could be obtained in [19], with a spherical harmonic function. Indeed, in the spherical harmonic case, they obtained an upper estimate with a term of order δ . Therefore, we can notice that

$$\frac{\delta}{|\ln(\eta/\delta)|} \ll \delta,$$

as $\varepsilon \to 0$. Thus, we obtained a competitor whose order of energy is asymptotically lower than the previous one. This is particularly relevant since such a competitor follows the geometry of our problem, in which the shape of the neck presents the y coordinate way smaller than the z coordinate, ruled by δ and η respectively.

3.3. **Mixed competitor.** The idea now, is to mix the affine competitor in the neck, together with the ellipsoidal just built. The purpose of this new competitor, is to describe whenever the transition happens simultaneously inside and outside the neck. Consider $A, B \in \mathbb{R}$ such that $\alpha \leq A \leq B \leq \beta$. Let $h: E^{\ell}(a, M) \setminus E^{\ell}(a, m) \to \mathbb{R}$ be the solution to

$$\begin{cases} \Delta w = 0 & \text{in } E^{\ell}(a, M) \setminus E^{\ell}(a, m), \\ w = \alpha & \text{on } \partial E^{\ell}(a, M), \\ w = A & \text{on } \partial E^{\ell}(a, m). \end{cases}$$

and $g: E^{r}(a, M) \setminus E^{r}(a, m) \to \mathbb{R}$ the solution to

$$\begin{cases} \Delta w = 0 & \text{in } E^{\mathbf{r}}(a, M) \setminus E^{\mathbf{r}}(a, m), \\ w = \beta & \text{on } \partial E^{\mathbf{r}}(a, M), \\ w = B & \text{on } \partial E^{\mathbf{r}}(a, m). \end{cases}$$

Recalling (3.5) and (3.3), we define the function $\xi_{\varepsilon} \colon \mathbb{R}^3 \to \mathbb{R}$ as

$$\xi_{\varepsilon}(\mathbf{x}) \coloneqq
\begin{cases}
\alpha & \text{in } \Omega_{\varepsilon}^{\ell} \setminus E_{\varepsilon}^{\ell}(a, M), \\
h(x + \varepsilon, y, z) & \text{in } E_{\varepsilon}^{\ell}(a, M) \setminus E^{\ell}(a, m), \\
A & \text{in } E_{\varepsilon}^{\ell}(a, M), \\
\frac{B - A}{2\varepsilon} x + \frac{B + A}{2} & \text{in } N_{\varepsilon}, \\
B & \text{in } E_{\varepsilon}^{r}(a, M), \\
g(x - \varepsilon, y, z) & \text{in } E_{\varepsilon}^{r}(a, M) \setminus E^{r}(a, m), \\
\beta & \text{in } \Omega_{\varepsilon}^{r} \setminus E_{\varepsilon}^{r}(a, M).
\end{cases} (3.13)$$

We now want to estimate, asymptotically, its energy. Using the same argument used to obtain (3.6), we can write the explicit solution of the problems above as

$$h(\mu) = c^{\ell} \ln |k^{\ell} \tanh(\mu/2)|, \qquad \text{and} \qquad g(\mu) = c^{r} \ln |k^{r} \tanh(\mu/2)|.$$

We can explicitly obtain $c^{\ell}, k^{\ell}, c^{r}, k^{r} \in \mathbb{R}$ by imposing the boundary conditions and we get

$$c^{\ell} = \frac{\alpha - A}{\ln\left(\frac{\tanh M}{\tanh m}\right)}, \qquad c^{\mathrm{r}} = \frac{\beta - B}{\ln\left(\frac{\tanh M}{\tanh m}\right)}$$

and

$$k^{\ell} = \frac{\exp\left(\ln\left|\frac{\tanh M}{\tanh m}\right| \frac{A}{\alpha - A}\right)}{\tanh M} \qquad k^{\mathrm{r}} = \frac{\exp\left(\ln\left|\frac{\tanh M}{\tanh m}\right| \frac{B}{\beta - B}\right)}{\tanh M}.$$

Arguing like in (3.8), we get that

$$\frac{1}{2} \int_{E^{\ell}(a,M) \setminus E^{\ell}(a,m)} |\nabla h_{\varepsilon}|^{2} d\mathbf{x} = \frac{\pi a (A - \alpha)^{2}}{|\ln(\eta/\delta)|}$$
(3.14)

and

$$\frac{1}{2} \int_{E_{\varepsilon}^{\mathbf{r}}(a,M) \setminus E^{\mathbf{r}}(a,m)} |\nabla g_{\varepsilon}|^2 d\mathbf{x} = \frac{\pi a (B-\beta)^2}{|\ln(\eta/\delta)|},$$
(3.15)

as $\varepsilon \to 0$. Therefore, from (3.2), (3.14), and (3.15), we obtain

$$F(\xi_{\varepsilon}, \Omega_{\varepsilon}) = \frac{\pi a}{|\ln(\eta/\delta)|} \left[(A - \alpha)^2 + (B - \beta)^2 \right] + \frac{\delta \eta}{\varepsilon} (B - A)^2.$$

Since $\eta \ll \delta$, we have that $a \approx \delta$. Thus, for ε small enough, we can write

$$F(\xi_{\varepsilon}, \Omega_{\varepsilon}) \approx \frac{\pi \delta}{|\ln(\eta/\delta)|} \left[(A - \alpha)^2 + (B - \beta)^2 \right] + \frac{\delta \eta}{\varepsilon} (B - A)^2.$$
 (3.16)

Now we compute the minimum of the right-hand of (3.16) under the constraint that $\alpha \leq A \leq B \leq \beta$. It is possible to see that a solution is in the interior of the admissible region, and thus the optimal A and B are given by the solution of the system

$$\begin{cases} \frac{\pi}{|\ln(\eta/\delta)|}(A-\alpha) - \frac{\eta}{\varepsilon}(B-A) = 0, \\ \frac{\pi}{|\ln(\eta/\delta)|}(B-\beta) + \frac{\eta}{\varepsilon}(B-A) = 0, \end{cases}$$

which are

$$A = \frac{\frac{\pi \alpha}{|\ln(\eta/\delta)|} + \frac{\eta}{\varepsilon}(\alpha + \beta)}{\frac{\pi}{|\ln(\eta/\delta)|} + \frac{2\eta}{\varepsilon}} \quad \text{and} \quad B = \frac{\frac{\pi \beta}{|\ln(\eta/\delta)|} + \frac{\eta}{\varepsilon}(\alpha + \beta)}{\frac{\pi}{|\ln(\eta/\delta)|} + \frac{2\eta}{\varepsilon}}.$$
 (3.17)

The choice of A and B in (3.17) will be crucial in the various regimes when we will need to infer the boundary conditions of the rescaled profile at the edge of the neck. In conclusion, from (3.16), if u_{ε} is a local minimiser, we then have

$$F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant \frac{\pi \delta}{|\ln(n/\delta)|} \left[(A - \alpha)^2 + (B - \beta)^2 \right] + \frac{\delta \eta}{\varepsilon} (B - A)^2.$$
 (3.18)

Finally, notice that the right-hand side of (3.18) has a clear separation between the energetic contribution of the competitor inside and outside the neck, as well as their orders of the energy.

4. Analysis of the problem in the several regimes

In this section we carry out the rigorous analysis of the asymptotic behaviour of the solution, obtaining information on its energy and its behaviour inside and close to the neck. To this aim, define

$$N := [-1, 1]^3$$
,

which is the neck N_{ε} rescaled to size of order 1, that is, under the change of coordinates $(x, y, z) \to (x/\varepsilon, y/\delta, z/\eta)$.

We also recall the definition of Hausdorff convergence of sets.

Definition 4.1. We say that a sequence of closed sets $(A_n)_n \subset \mathbb{R}^3$ converges in the Hausdoff metric to a closed set A if

$$\lim_{n \to \infty} \max \left\{ \sup_{\mathbf{x} \in A} d(\mathbf{x}, A_n), \sup_{\mathbf{y} \in A_n} d(\mathbf{y}, A) \right\} = 0.$$

Here, $d(\mathbf{x}, A)$ denotes the distance between the point $\mathbf{x} \in \mathbb{R}^3$ and the set A. We denote this convergence by $A_n \stackrel{\mathrm{H}}{\to} A$.

4.1. Super-thin neck. In this regime the parameters are ordered as $\varepsilon \gg \delta \gg \eta$. Namely, we have

$$\lim_{\varepsilon \to 0} \frac{\delta}{\varepsilon} = 0 \quad \text{and} \quad \lim_{\varepsilon \to 0} \frac{\eta}{\delta} = 0.$$

According to the heuristics in Section 2.2, we expect the transition to happen entirely inside the neck. If u_{ε} is a local minimiser of the functional (1.3), the only rescaling that works is

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\varepsilon x, \delta y, \eta z).$$

Define $\widetilde{\Omega}_{\varepsilon}$, $\widetilde{\Omega}_{\varepsilon}^{\ell}$, and $\widetilde{\Omega}_{\varepsilon}^{r}$ as the rescaled domain Ω_{ε} , $\Omega_{\varepsilon}^{\ell}$, and Ω_{ε}^{r} , respectively. Note that, as

$$\mathbb{R}^3 \setminus \widetilde{\Omega}_{\varepsilon} \stackrel{\mathrm{H}}{\to} \mathbb{R}^3 \setminus \Omega_{\infty}$$

where

$$\Omega_{\infty} := \Omega_{\infty}^{\ell} \cup N \cup \Omega_{\infty}^{r}$$

with $\Omega_{\infty}^{\ell} := \{x < -1\}$ and $\Omega_{\infty}^{r} := \{x > 1\}$.

Theorem 4.2. Let $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ be an admissible family of local minimisers as in Definition 2.2. Assume $\varepsilon \gg \delta \gg \eta$. Then,

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, N_{\varepsilon}) = (\beta - \alpha)^{2}.$$

Moreover, for $\varepsilon > 0$ let $v_{\varepsilon} \colon \widetilde{\Omega}_{\varepsilon} \to \mathbb{R}$ be defined as

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\varepsilon x, \delta y, \eta z).$$

Then, the following hold:

- $\begin{array}{ll} \text{(i)} & v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}^{\ell}}-\alpha\chi_{\widetilde{\Omega}_{\varepsilon}^{\ell}}\to 0 \ \ in \ L^{6}(\mathbb{R}^{3}) \ \ and \ \ v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}^{r}}-\beta\chi_{\widetilde{\Omega}_{\varepsilon}^{r}}\to 0 \ \ in \ L^{6}(\mathbb{R}^{3}), \ \ as \ \ \varepsilon\to 0;\\ \text{(ii)} & There \ \ exists \ \hat{v}\in H^{1}(N) \ \ such \ that \ \ v_{\varepsilon}\rightharpoonup \hat{v} \ \ weakly \ \ in \ \ H^{1}(N), \ \ as \ \ \varepsilon\to 0;\\ \end{array}$
- (iii) It holds that $\hat{v}(x,y,z) = v(x)$, where $v \in H^1(-1,1)$ is the unique minimiser of the variational problem

$$\min \left\{ \frac{1}{2} \int_{-1}^{1} |v'|^2 \, dx : v \in H^1(-1,1), \ v(-1) = \alpha, \ v(1) = \beta \right\}.$$

In particular,
$$v(x) = \frac{\beta - \alpha}{2}x + \frac{\alpha + \beta}{2}$$
.

Proof. Step 1: existence of \hat{v} . Note that, using assumption (H3), for $\varepsilon > 0$ sufficiently small, it holds that

$$2N \cap \Omega_{\infty} \subset \widetilde{\Omega}_{\varepsilon}$$
.

The reason why we take 2N and not only N is because we need the boundary conditions to converge. We claim that

$$\sup_{\varepsilon>0} \|v_{\varepsilon}\|_{H^1(2N\cap\Omega_{\infty})} < \infty.$$

First of all, using the fact that $\varepsilon \gg \delta \gg \eta$, we get that

$$\|\nabla v_{\varepsilon}\|_{L^{2}(2N\cap\Omega_{\infty})}^{2} = \frac{\varepsilon}{\delta\eta} \int_{2N\cap\Omega_{\infty}} \left((\partial_{x} u_{\varepsilon})^{2} + \frac{\delta^{2}}{\varepsilon^{2}} (\partial_{y} u_{\varepsilon})^{2} + \frac{\eta^{2}}{\varepsilon^{2}} (\partial_{z} u_{\varepsilon})^{2} \right) d\mathbf{x}$$

$$\leq \frac{\varepsilon}{\delta\eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \leq C < \infty,$$
(4.1)

where the first step follows by using a change of variable, while the second from (3.2) with $A = \alpha$ and $B = \beta$. Moreover,

$$\int_{2N\cap\Omega_{\infty}}|v_{\varepsilon}|^{2}\,\mathrm{d}\mathbf{x}=\frac{1}{\varepsilon\delta\eta}\int_{2N_{\varepsilon}\cap\Omega_{\varepsilon}}|u_{\varepsilon}|^{2}\,\mathrm{d}\mathbf{x}\leqslant\frac{\left(\sup_{\mathbf{x}\in2N_{\varepsilon}\cap\Omega_{\varepsilon}}|u_{\varepsilon}|^{2}\right)|2N_{\varepsilon}\cap\Omega_{\varepsilon}|}{\varepsilon\delta\eta}=C.$$

Thus, we get that, up to a subsequence, v_{ε} converges weakly in $H^1(N)$ to a function $\hat{v} \in H^1(N)$. The independence of the subsequence will follow from Step 2, where we show that the limit is the *unique* solution to a variational problem.

Step 2: limiting problem and behavior inside the neck. We now want to characterize the function v as the unique solution to a variational problem. We do this in two steps: first, we identify a

functional that will be minimized, and then we identify the boundary conditions. We have that

$$\liminf_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \geqslant \liminf_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} \left(\frac{1}{2} \int_{N_{\varepsilon}} |\nabla u_{\varepsilon}|^{2} \, d\mathbf{x} + \int_{N_{\varepsilon}} W(u_{\varepsilon}) \, d\mathbf{x} \right)
= \liminf_{\varepsilon \to 0} \frac{1}{2} \int_{N} \left((\partial_{x} v_{\varepsilon})^{2} + \frac{\varepsilon^{2}}{\delta^{2}} (\partial_{y} v_{\varepsilon})^{2} + \frac{\varepsilon^{2}}{\eta^{2}} (\partial_{z} v_{\varepsilon})^{2} \right) d\mathbf{x} + \varepsilon^{2} \int_{N} W(v_{\varepsilon}) \, d\mathbf{x}
\geqslant \liminf_{\varepsilon \to 0} \frac{1}{2} \int_{N} |\nabla v_{\varepsilon}|^{2} \, d\mathbf{x} \geqslant \frac{1}{2} \int_{N} |\nabla v|^{2} \, d\mathbf{x}, \tag{4.2}$$

where in the last step we used the fact that $\varepsilon \gg \delta \gg \eta$. Notice that, from the bound (4.1) and the fact that $\varepsilon/\eta \to \infty$ and $\varepsilon/\delta \to \infty$, we necessarily have that v does not depend on y and z. Namely, v_{ε} converges to a function $\hat{v} \in H^1(N)$, of the form $\hat{v}(x,y,z) = v(x)$, where $v \in H^1(-1,1)$. Therefore, from (4.2), we can write

$$\frac{1}{2} \int_{N} |\nabla v|^{2} d\mathbf{x} = 2 \int_{-1}^{1} (\hat{v}')^{2} dx \geqslant 2 \min \left\{ \int_{-1}^{1} (w')^{2} dx : w \in H^{1}(-1,1), w(\pm 1) = \hat{v}(\pm 1) \right\}$$

$$= (\hat{v}(1) - \hat{v}(-1))^{2}, \tag{4.3}$$

where last step follows by an explicit minimisation.

Now we claim that $\hat{v}(-1) = \alpha$ and $\hat{v}(1) = \beta$. We prove the former, since the latter follows by using a similar argument. The idea (introduced in [19]) is to use the scale-invariant Poincaré inequality

$$\left(\int_{\Omega_{\varepsilon}^{\ell}} |u_{\varepsilon} - \bar{u}_{\varepsilon}|^{6} \, \mathrm{d}\mathbf{x}\right)^{\frac{1}{6}} \leqslant C\left(\int_{\Omega_{\varepsilon}^{\ell}} |\nabla u_{\varepsilon}|^{2} \, \mathrm{d}\mathbf{x}\right)^{\frac{1}{2}},\tag{4.4}$$

where C > 0 and \bar{u}_{ε} is the average on $\Omega_{\varepsilon}^{\ell}$ of u_{ε} . Using a change of variable, we estimate (by neglecting the potential term as in (4.2)) the right-hand side of (4.4) as

$$\varepsilon \delta \eta \int_{\widetilde{\Omega}_{\varepsilon}^{\ell}} |v_{\varepsilon} - \bar{v}_{\varepsilon}|^{6} d\mathbf{x} \leqslant C \left(\frac{\delta \eta}{\varepsilon} \int_{\widetilde{\Omega}_{\varepsilon}^{\ell}} (\partial_{x} v_{\varepsilon})^{2} + \frac{\varepsilon^{2}}{\delta^{2}} (\partial_{y} v_{\varepsilon})^{2} + \frac{\varepsilon^{2}}{\eta^{2}} (\partial_{z} v_{\varepsilon})^{2} d\mathbf{x} \right)^{3} \\
\leqslant C \left(\frac{\delta \eta}{\varepsilon} \right)^{3} \left(\frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \right)^{3}.$$

Now, using the fact that $\delta \eta/\varepsilon^2 \to 0$ as $\varepsilon \to 0$ together with (4.1), we get that

$$\sup_{\varepsilon>0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant C,$$

for some $C \in [0, \infty)$. Thus,

$$\int_{\widetilde{\Omega}_{\varepsilon}^{\ell}} |v_{\varepsilon} - \bar{v}_{\varepsilon}|^{6} \, d\mathbf{x} \leqslant C \left(\frac{\delta \eta}{\varepsilon^{2}}\right)^{2} \left(\frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon})\right)^{3} \to 0, \tag{4.5}$$

as $\varepsilon \to 0$. Therefore, $v_{\varepsilon}\chi_{\widetilde{\Omega}^{\ell}_{\varepsilon}} - \bar{v}_{\varepsilon}\chi_{\widetilde{\Omega}^{\ell}_{\varepsilon}} \to 0$ in $L^{6}(\mathbb{R}^{3})$, as $\varepsilon \to 0$. We now claim that $\bar{v}_{\varepsilon}\chi_{\widetilde{\Omega}^{\ell}_{\varepsilon}} - \alpha\chi_{\widetilde{\Omega}^{\ell}_{\varepsilon}} \to 0$ in $L^{6}(\mathbb{R}^{3})$, as $\varepsilon \to 0$. Indeed, by definition of local minimiser we have that

$$||u_{\varepsilon} - \alpha||_{L^{1}(\Omega^{\ell})} \to 0.$$

as $\varepsilon \to 0$. Therefore, $\bar{u}_{\varepsilon}\chi_{\Omega_{\varepsilon}^{\ell}} - \alpha\chi_{\Omega_{\varepsilon}^{\ell}} \to 0$ in $L^{6}(\mathbb{R}^{3})$, which yields that $\bar{v}_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}^{\ell}} - \alpha\chi_{\widetilde{\Omega}_{\varepsilon}^{\ell}} \to 0$ in $L^{6}(\mathbb{R}^{3})$. Thus, since $v_{\varepsilon} \to \hat{v}$ strongly in $L^{2}(2N \cap \Omega_{\infty})$ as $\varepsilon \to 0$, we get that $\hat{v}(-1) = \alpha$.

Step 3: asymptotic behaviour of the energy. From (4.2) and (4.3) we can conclude that

$$\liminf_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \geqslant (\beta - \alpha)^{2}. \tag{4.6}$$

On the other hand, denoting by ξ_{ε} the affine competitor in (3.1), we have that

$$\limsup_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant \limsup_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(\xi_{\varepsilon}, N_{\varepsilon}) = (\beta - \alpha)^{2}.$$
(4.7)

Thus, from (4.6), and (4.7), we get

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = (\beta - \alpha)^{2}.$$

In particular, we get that all inequalities in (4.2) are equalities, proving that

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, N_{\varepsilon}).$$

This concludes the proof.

4.2. **Flat-thin neck.** In this regime the parameters are ordered as $\varepsilon \approx \delta \gg \eta$. Namely, we have

$$\lim_{\varepsilon \to 0} \frac{\delta}{\varepsilon} = m \in (0, +\infty) \quad \text{and} \quad \lim_{\varepsilon \to 0} \frac{\eta}{\varepsilon} = 0.$$

In this case, the behaviour of an admissible family of local minimisers is similar to the super-thin regime and strategy of the proof is similar to that of Theorem 4.2. Therefore, we only highlight the main differences. Since we expect the transition to happen entirely inside the neck, we would like to use a rescaling for which the neck N_{ε} transforms in $N := [-1, 1]^3$. Given a local minimizer u_{ε} of the functional (1.3), the only rescaling that works is

$$v_{\varepsilon}(x,y,z) \coloneqq u_{\varepsilon}(\varepsilon x, \varepsilon y, \eta z).$$

If we rescale in this way, the limiting domain becomes

$$\Omega_{\infty} = \Omega_{\infty}^{\ell} \cup N \cup \Omega_{\infty}^{r},$$

where $\Omega_{\infty}^{\ell} = \{x < -1\}$ and $\Omega_{\infty}^{r} = \{x > 1\}$.

Theorem 4.3. Let $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ be an admissible family of local minimisers as in Definition 2.2. Assume $\varepsilon \approx \delta \gg \eta$. Then,

$$\lim_{\varepsilon \to 0} \frac{1}{\eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{1}{\eta} F(u_{\varepsilon}, N_{\varepsilon}) = (\beta - \alpha)^{2}.$$

Moreover, for $\varepsilon > 0$ let $v_{\varepsilon} : \widetilde{\Omega}_{\varepsilon} \to \mathbb{R}$ be defined as

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\varepsilon x, \varepsilon y, \eta z).$$

Then, the following hold:

- (i) $v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}^{\ell}} \alpha\chi_{\widetilde{\Omega}_{\varepsilon}^{\ell}} \to 0$ in $L^{6}(\mathbb{R}^{3})$ and $v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}^{r}} \beta\chi_{\widetilde{\Omega}_{\varepsilon}^{r}} \to 0$ in $L^{6}(\mathbb{R}^{3})$ as $\varepsilon \to 0$; (ii) There exists a function $\hat{v} \in H^{1}(N)$ such that $v_{\varepsilon} \rightharpoonup \hat{v}$ weakly in $H^{1}(N)$ as $\varepsilon \to 0$; (iii) It holds that $\hat{v}(x, y, z) = v(x)$, where $v \in H^{1}(-1, 1)$ is the unique minimiser of the variational problem

$$\min\bigg\{\frac{1}{2}\int_{-1}^1|v'|^2\,\mathrm{d}x:\ v\in H^1(-1,1),\ v(-1)=\alpha,\ v(1)=\beta\bigg\}.$$

In particular,
$$v(x) = \frac{\beta - \alpha}{2}x + \frac{\alpha + \beta}{2}$$
.

Proof. In the same way as in Theorem 4.2, we can prove that

$$\sup_{\varepsilon > 0} \|\nabla v_{\varepsilon}\|_{L^{2}(N)}^{2} \leqslant \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant C < \infty.$$
(4.8)

and

$$\sup_{\varepsilon > 0} \|v_{\varepsilon}\|_{L^{2}(N)} < C.$$

Therefore, by compactness there exists $v \in H^1(N)$ such that, up to a subsequence, $v_{\varepsilon} \rightharpoonup v$ in $H^1(N)$. The independence of the subsequence will follow from the fact that the limit is the unique solution to a variational problem.

Thus, we can write

$$\lim_{\varepsilon \to 0} \inf \frac{1}{\eta} F(u_{\varepsilon}, N_{\varepsilon}) = \lim_{\varepsilon \to 0} \inf \frac{1}{2} \int_{N} \left((\partial_{x} v_{\varepsilon})^{2} + (\partial_{y} v_{\varepsilon})^{2} + \frac{\varepsilon^{2}}{\eta^{2}} (\partial_{z} v_{\varepsilon})^{2} \right) d\mathbf{x} + \varepsilon^{2} \eta \int_{N} W(v_{\varepsilon}) d\mathbf{x}$$

$$\geqslant \int_{[-1,1]^{2}} \left((\partial_{x} \hat{v})^{2} + (\partial_{y} \hat{v})^{2} \right) dxdy$$

$$\geqslant \min \left\{ \int_{[-1,1]^{2}} \left((\partial_{x} w)^{2} + (\partial_{y} w)^{2} \right) dxdy : w \in H^{1}([-1,1]^{2}), \right\}$$

$$w(\pm 1, y) = \hat{v}(\pm 1, y), \ \forall y \in [-1, 1] \bigg\}, \tag{4.9}$$

where in the previous to last step we used (4.8) and the fact that $\varepsilon/\eta \to +\infty$. Then we necessarily have that v does not depend on z. Namely, v_{ε} converges to a function $\hat{v} \in H^1(N)$, of the form $\hat{v}(x,y,z) = v(x,y)$, where $v \in H^1([-1,1]^2)$.

Now, would like to show that the boundary conditions $\hat{v}(\pm 1, y)$ are independent from y. This is done by acting similarly as in (4.4) and (4.5). Indeed by using the scale-invariant Poincaré inequality (4.4), we get

$$\int_{\Omega_{\varepsilon}^{\ell}} |v_{\varepsilon} - \bar{v}_{\varepsilon}|^{6} d\mathbf{x} \leqslant C\left(\frac{\eta}{\varepsilon}\right)^{2} \left(\frac{1}{\eta} F(v_{\varepsilon}, \Omega_{\varepsilon})\right)^{3}.$$

From (4.8) and the fact that $\eta/\varepsilon \to 0$ as $\varepsilon \to 0$ we can conclude that $v = \alpha$ on Ω_{∞}^{ℓ} and $v = \beta$ on Ω_{∞}^{r} , independently on y. Therefore, from (4.9) we get

$$\liminf_{\varepsilon \to 0} \frac{1}{\eta} F(u_{\varepsilon}, N_{\varepsilon}) \geqslant \min \left\{ \int_{[-1,1]^2} \left((\partial_x w)^2 + (\partial_y w)^2 \right) dx dy : w \in H^1([-1,1]^2), \\
 w(-1,y) = \alpha, \ w(1,y) = \beta, \ \forall y \in [-1,1] \right\} \\
\geqslant \min \left\{ \int_{[-1,1]^2} (\partial_x w)^2 dx dy : w \in H^1([-1,1]^2), \\
 w(-1,y) = \alpha, \ w(1,y) = \beta, \ \forall y \in [-1,1] \right\} \\
= (\beta - \alpha)^2, \tag{4.10}$$

where the last step follows by an explicit computation. On the other hand, denoting by ξ_{ε} the affine competitor in (3.1), we have that

$$\limsup_{\varepsilon \to 0} \frac{1}{\eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant \limsup_{\varepsilon \to 0} \frac{1}{\eta} F(\xi_{\varepsilon}, N_{\varepsilon}) = (\beta - \alpha)^{2}. \tag{4.11}$$

Finally, using (4.10) (4.11), we get

$$\lim_{\varepsilon \to 0} \frac{1}{\eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{1}{\eta} F(u_{\varepsilon}, N_{\varepsilon}) = (\beta - \alpha)^{2}.$$

This concludes the proof.

4.3. **Interlude: convergence of Neumann problems.** In this short interlude, we recall a convergence result for solutions to elliptic problems with Neumann boundary conditions that will be crucial to carry out the analysis of the asymptotic behaviour of the rescaled profiles outside the neck. The result is the following. For a proof, we refer to [22, Proposition 6.2] (see also [10, 12]).

Theorem 4.4. Let $(\Omega_{\varepsilon})_{\varepsilon} \subset \mathbb{R}^3$ be a sequence of open sets such that, as $\varepsilon \to 0$,

$$\chi_{\Omega_{\varepsilon}} \to \chi_{\Omega_{\infty}} \quad in \ L^{1}(\mathbb{R}^{3}) \qquad and \qquad \mathbb{R}^{3} \setminus \Omega_{\varepsilon} \stackrel{\mathrm{H}}{\to} \mathbb{R}^{3} \setminus \Omega_{\infty} \quad locally,$$

for some open set Ω_{∞} . Let p > 2, and let $(f_{\varepsilon})_{\varepsilon} \subset L^p_{loc}(\mathbb{R}^3)$ be such that, as $\varepsilon \to 0$,

$$f_{\varepsilon}\chi_{\Omega_{\varepsilon}} \to f_{\infty}\chi_{\Omega_{\infty}} \quad in \ L^p_{\mathrm{loc}}(\mathbb{R}^3),$$

for some $f_{\infty} \in L^p_{loc}(\mathbb{R}^3)$. Let $(u_{\varepsilon})_{\varepsilon} \subset W^{2,p}(\Omega_{\varepsilon})$ be the weak solution to

$$\begin{cases} \triangle u_{\varepsilon} = f_{\varepsilon} & \text{in } \Omega_{\varepsilon}, \\ \partial_{\nu} u_{\varepsilon} = 0 & \text{on } \partial \Omega_{\varepsilon}. \end{cases}$$

Assume that $(u_{\varepsilon}\chi_{\Omega_{\varepsilon}})_{\varepsilon}$ is locally equi-bounded in $L^{\infty}(\mathbb{R}^3)$. Then, up to a subsequence,

$$v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}} \to \hat{v}\chi_{\Omega_{\infty}}$$
 in $L^q_{\mathrm{loc}}(\mathbb{R}^3)$ for all $q \in [1, \infty)$,

as $\varepsilon \to 0$, and

$$\nabla v_{\varepsilon} \chi_{\Omega_{\varepsilon}} \to \nabla \hat{v} \chi_{\Omega_{\infty}} \quad in \ L^{2}_{loc}(\mathbb{R}^{3}; \mathbb{R}^{3}),$$

as $\varepsilon \to 0$, where $\hat{v} \in W^{2,p}(\Omega_{\infty})$ is the weak solution to

$$\left\{ \begin{array}{ll} \triangle \hat{u} = f_{\infty} & \ in \ \Omega_{\infty}, \\ \partial_{\nu} \hat{u} = 0 & \ on \ \partial \Omega_{\infty}. \end{array} \right.$$

Moreover, $u_{\varepsilon} \to \hat{u}$ in $W_{\text{loc}}^{2,p}(\Omega_{\infty})$, as $\varepsilon \to 0$.

Remark 4.5. The reason why in the above result the convergence of the complements of the open sets Ω_{ε} is required, and the fact that the limiting set has to be open, is in order to ensure that at each point of the limiting set there is only one side where the limiting set is. For instance, we want to avoid situations of the type

$$\Omega_{\varepsilon} := \{(\cos \theta, \sin \theta) : \theta \in (0, 2\pi - \varepsilon)\},\$$

or of the type

$$\Omega_{\varepsilon} := (0,1)^2 \cup ([1,2) \times (-\varepsilon,\varepsilon)).$$

In both cases, the limiting set has part of the topological boundary that creates troubles in defining the limiting PDE.

4.4. Window thick regime. Here we consider the scaling of the energy in the window thick regime $\delta \gg \eta \gg \varepsilon$, namely where

$$\lim_{\varepsilon \to 0} \frac{\eta}{\delta} = 0 \quad \text{and} \quad \lim_{\varepsilon \to 0} \frac{\eta}{\varepsilon} = +\infty.$$

Since the ellipsoidal competitor outside the neck provides an energy whose order is lower than the energy of the affine competitor in the neck, we expect the transition happening outside the neck. If u_{ε} is a local minimiser of the functional (1.3), the only rescaling that allows us to both see a nice limiting space, and to use the scale-invariant Poincaré inequality (4.4) is

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\delta x, \delta y, \delta z).$$

Using this rescaling, the limiting domain becomes

$$\widetilde{\Omega}_{\infty} = \{x < 0\} \cup (\{0\} \times [-1, 1] \times \{0\}) \cup \{x > 0\}.$$

However, note that

$$\mathbb{R}^3 \setminus \widetilde{\Omega}_{\varepsilon} \stackrel{\mathrm{H}}{\to} \mathbb{R}^3 \setminus \Omega_{\infty} ,$$

where

$$\widetilde{\Omega}_{\varepsilon} := \frac{1}{\delta} \Omega_{\varepsilon}, \qquad \Omega_{\infty} := \{x < 0\} \cup \{x > 0\}.$$

We are now in position to prove the main result of this section.

Theorem 4.6. Let $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ be an admissible family of local minimisers as in Definition 2.2. Assume that $\delta \gg \eta \gg \varepsilon$. Then,

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \pi(\beta - \alpha)^{2}.$$

Moreover, for $\varepsilon > 0$ let $v_{\varepsilon} : \widetilde{\Omega}_{\varepsilon} \to \mathbb{R}$ be defined as

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\delta x, \delta y, \delta z).$$

Then, there exists R > 0 such that the following statements hold:

- (i) $v_{\varepsilon} \to \frac{\alpha+\beta}{2}$ uniformly on B_R , as $\varepsilon \to 0$; (ii) There exists $\hat{v} \in H^1_{loc}(\Omega_{\infty})$ such that $v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}} \to \hat{v}\chi_{\Omega_{\infty}}$ strongly in $H^1_{loc}(\mathbb{R}^3)$, as $\varepsilon \to 0$; (iii) The function \hat{v} is the unique minimiser of the variational problem

$$\min \left\{ \frac{1}{2} \int_{\Omega_{\infty}} |\nabla v|^2 \, \mathrm{d}x : v \in \mathcal{A} \right\},\,$$

$$\mathcal{A} := \left\{ v \in H^1_{\text{loc}}(\Omega_{\infty}), \ v - \alpha \chi_{\Omega_{\infty}^{\ell}} - \beta \chi_{\Omega_{\infty}^{r}} \in L^6(\Omega_{\infty}), \ v = \frac{\alpha + \beta}{2} \ on \ B_R \cap \Omega_{\infty} \right\},$$

$$and \ \Omega_{\infty}^{\ell} := \left\{ x < 0 \right\}, \ and \ \Omega_{\infty}^{r} := \left\{ x > 0 \right\}.$$

Proof. Step 1: lower bound of the energy outside the neck. We claim that there exist $m_1, m_2 \in \mathbb{R}$ such that

 $\liminf_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \geqslant 2\pi \left[(m_1 - \alpha)^2 + (m_2 - \beta)^2 \right]. \tag{4.12}$

The idea is to bound from below the energy of u_{ε} with that of an harmonic function defined in the region between two suitable ellipsoids, one on the left and one of the right of the neck. For a, s > 0, consider the ellipsoid

$$E(a, s) := \{ \Psi(\mu, \nu, \varphi) : \mu < s \},\$$

where Ψ denotes the prolate ellipsoidal coordinates defined in (3.3). We define

$$E_{\varepsilon}^{\ell}(a,s) := (E(a,s) \cap \{x < 0\}) + (0,0,-\varepsilon),$$

$$E_{\varepsilon}^{\mathbf{r}}(a,s)\coloneqq (E(a,s)\cap \{x>0\})+(0,0,\varepsilon).$$

We claim that it is possible to find $m_1, m_2 \in \mathbb{R}$ satisfying the following property. Fix a and M such that $E(a, M) \subset B_{2R}$, and define

$$a_{\varepsilon} \coloneqq \delta a, \qquad M_{\varepsilon} \coloneqq \delta M.$$

Then, for any $\gamma, \mu > 0$, there exists $\varepsilon_0 > 0$ such that

$$m_1 - \mu \leqslant u_{\varepsilon} \leqslant m_1 + \mu \quad \text{on } \partial E^{\ell}(a_{\varepsilon}, M_{\varepsilon}),$$
 (4.13)

$$m_2 - \mu \leqslant u_{\varepsilon} \leqslant m_2 + \mu \quad \text{on } \partial E^{\mathbf{r}}(a_{\varepsilon}, M_{\varepsilon}),$$
 (4.14)

$$\alpha - \gamma \leqslant u_{\varepsilon} \leqslant \alpha + \gamma \quad \text{on } \partial E^{\ell}(a_{\varepsilon}, \rho),$$
 (4.15)

$$\beta - \gamma \leqslant u_{\varepsilon} \leqslant \beta + \gamma$$
 on $\partial E^{r}(a_{\varepsilon}, \rho)$, (4.16)

and

$$N_{\varepsilon} \cap \{x = -\varepsilon\} \subset E^{\ell}(a_{\varepsilon}, M_{\varepsilon}) \cap \{x = -\varepsilon\}, \qquad N_{\varepsilon} \cap \{x = \varepsilon\} \subset E^{r}(a_{\varepsilon}, M_{\varepsilon}) \cap \{x = \varepsilon\}.$$
 (4.17) for all $\varepsilon < \varepsilon_{0}$. The claims (4.13) and (4.14) will be proved in Step 1.1, while (4.15) and (4.16) in Step 1.2.

We now show how to conclude. Fix $\mu, \gamma > 0$. Then, for $\varepsilon < \varepsilon_0$, we have that

$$F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) \geqslant \frac{1}{2} \int_{E^{\ell}(a_{\varepsilon}, \rho) \setminus E^{\ell}(a_{\varepsilon}, M_{\varepsilon})} |\nabla u_{\varepsilon}|^{2} d\mathbf{x} + \frac{1}{2} \int_{E^{r}(a_{\varepsilon}, \rho) \setminus E^{r}(a_{\varepsilon}, M_{\varepsilon})} |\nabla u_{\varepsilon}|^{2} d\mathbf{x}$$

$$\geqslant \inf \left\{ \frac{1}{2} \int_{E^{\ell}(a_{\varepsilon}, \rho) \setminus E^{\ell}(a_{\varepsilon}, M_{\varepsilon})} |\nabla v|^{2} d\mathbf{x} : v \in H^{1}(E^{\ell}(a_{\varepsilon}, \rho) \setminus E^{\ell}(a_{\varepsilon}, M_{\varepsilon})),$$

$$v \leqslant m_{1} + \mu \text{ on } \partial E^{\ell}(a_{\varepsilon}, M_{\varepsilon}), v \geqslant \alpha - \gamma \text{ on } \partial E^{\ell}(a_{\varepsilon}, \rho) \right\}$$

$$+ \inf \left\{ \frac{1}{2} \int_{E^{r}(a_{\varepsilon}, \rho) \setminus E^{r}(a_{\varepsilon}, M_{\varepsilon})} |\nabla v|^{2} d\mathbf{x} : v \in H^{1}(E^{r}(a_{\varepsilon}, \rho) \setminus E^{r}(a_{\varepsilon}, M_{\varepsilon})),$$

$$v \leqslant m_{2} + \mu \text{ on } \partial E^{r}(a_{\varepsilon}, M_{\varepsilon}), v \geqslant \beta - \gamma \text{ on } \partial E^{r}(a_{\varepsilon}, \rho) \right\}$$

$$= \inf \left\{ \frac{1}{2} \int_{E^{\ell}(a_{\varepsilon}, \rho) \setminus E^{\ell}(a_{\varepsilon}, M_{\varepsilon})} |\nabla v|^{2} d\mathbf{x} : v \in H^{1}(E(a_{\varepsilon}, \rho)^{\ell} \setminus E^{\ell}(a_{\varepsilon}, M_{\varepsilon})),$$

$$v = m_{1} + \mu \text{ on } \partial E^{\ell}(a_{\varepsilon}, M_{\varepsilon}), v = \alpha - \gamma \text{ on } \partial E^{\ell}(a_{\varepsilon}, \rho) \right\}$$

$$+ \inf \left\{ \frac{1}{2} \int_{E^{r}(a_{\varepsilon}, \rho) \setminus E^{r}(a_{\varepsilon}, M_{\varepsilon})} |\nabla v|^{2} d\mathbf{x} : v \in H^{1}(E(a_{\varepsilon}, \rho)^{r} \setminus E^{r}(a_{\varepsilon}, M_{\varepsilon})),$$

$$v = m_{2} + \mu \text{ on } \partial E^{r}(a_{\varepsilon}, M_{\varepsilon}), v = \beta - \gamma \text{ on } \partial E^{r}(a_{\varepsilon}, \rho) \right\}$$

$$=: L_{\varepsilon} + R_{\varepsilon}. \tag{4.18}$$

We now want to compute L_{ε} and R_{ε} . We show the argument for L_{ε} . The result for R_{ε} will follow by using the same reasoning. Arguing as in Section 3.2, we get that the solution to the problem defining L_{ε} is given, in prolate coordinates, by

$$w(\mu) = c \ln |k \tanh(\mu/2)|$$
,

where (see (3.7))

$$k = \coth(M_{\varepsilon}),$$

$$c = \frac{m_1 + \mu - \alpha + \gamma}{\ln\left(\frac{\tanh(\rho)}{\tanh(M_{\varepsilon})}\right)}.$$

In particular, (see (3.8)), we get that

$$L_{\varepsilon} = \frac{\pi a_{\varepsilon} (m_1 + \mu - \alpha + \gamma)^2}{\ln\left(\frac{\tanh(\rho)}{\tanh(M_{\varepsilon})}\right)}.$$
(4.19)

Now, we want to understand the asymptotic behaviour of L_{ε} . First, we want to compute the asymptotic behaviour of the denominator on the right-hand side of (4.19). Let M_{ε} , and a_{ε} be such that

$$a_{\varepsilon} \sinh M_{\varepsilon} = 2\eta, \qquad a_{\varepsilon} \cosh M_{\varepsilon} = 2\delta.$$

In such a way, we have that (4.17) holds. Note that on $\partial E^{\ell}(a_{\varepsilon}, M_{\varepsilon}) \cap \{x = -\varepsilon\}$ we have

$$\frac{y^2}{a^2\cosh^2(M\delta)} + \frac{z^2}{a^2\sinh^2(M\delta)} = 1,$$

which yields that

$$\tanh M_{\varepsilon} = \frac{\eta}{\delta}, \qquad a_{\varepsilon}^2 = 4\delta^2 - 4\eta^2 \approx 4\delta^2.$$
 (4.20)

As consequence, we get the following asymptotic estimate

$$\frac{1}{a_{\varepsilon}} \ln \left(\frac{\tanh(\rho)}{\tanh(M_{\delta\eta})} \right) = \frac{1}{a_{\varepsilon}} \left(\ln \tanh \rho - \ln \tanh M_{\delta\eta} \right) \approx \frac{|\ln(\delta/\eta)|}{2\delta}. \tag{4.21}$$

Therefore, from (4.19), (4.21), since $\gamma_{\varepsilon}^{\ell} \to 0$ and by arbitrariness of γ , we get

$$\liminf_{\varepsilon \to 0} \frac{|\ln(\delta/\eta)|}{\delta} L_{\varepsilon} \geqslant 2\pi (m_1 - \alpha)^2.$$

In a similar way, we obtain that

$$\liminf_{\varepsilon \to 0} \frac{|\ln(\delta/\eta)|}{\delta} R_{\varepsilon} \geqslant 2\pi (m_2 - \beta)^2.$$

This proves the claim.

Step 1.1: boundary conditions on the internal ellipsoid. Here, we want to prove the validity of (4.13) and of (4.14). We want to understand the limiting behaviour of v_{ε} . The idea is to obtain such information by looking at the limit of the PDE satisfied by the limit of the sequence $(v_{\varepsilon})_{\varepsilon}$. First, we notice that since u_{ε} is a critical point of the energy F_{ε} , we have that u_{ε} satisfies the Euler-Lagrange equation

$$\int_{\Omega_{\varepsilon}} \nabla u_{\varepsilon} \cdot \nabla \varphi \, d\mathbf{x} - \int_{\Omega_{\varepsilon}} W'(u_{\varepsilon}) \varphi \, d\mathbf{x} = 0,$$

for all $\varphi \in H^1(\Omega_{\varepsilon})$. We claim that

$$\int_{\widetilde{\Omega}_{\varepsilon}} \nabla v_{\varepsilon} \cdot \nabla \psi \, d\mathbf{x} = \delta^{2} \int_{\widetilde{\Omega}_{\varepsilon}} W'(v_{\varepsilon}) \psi \, d\mathbf{x}, \tag{4.22}$$

for every $\psi \in H^1(\widetilde{\Omega}_{\varepsilon})$. Indeed, fix $\varphi \in H^1(\Omega_{\varepsilon})$. Using the change of variable $(\delta x', \delta y', \delta z') = (x, y, z)$, we get

$$\int_{\Omega_{\varepsilon}} \nabla u_{\varepsilon} \cdot \nabla \varphi \, d\mathbf{x} = \delta^{3} \int_{\widetilde{\Omega}_{\varepsilon}} \frac{1}{\delta^{2}} \nabla v_{\varepsilon} \cdot \nabla \psi \, d\mathbf{x}', \tag{4.23}$$

where $\psi(x, y, z) := \varphi(\delta x, \delta y, \delta z)$. Moreover,

$$\int_{\Omega_{\varepsilon}} W'(u_{\varepsilon}) \varphi \, d\mathbf{x} = \delta^{3} \int_{\widetilde{\Omega}_{\varepsilon}} W'(v_{\varepsilon}) \psi \, d\mathbf{x}'.$$

This proves that v_{ε} is a weak solution to

$$\begin{cases} \Delta v_{\varepsilon} = \delta^{2} W'(v_{\varepsilon}) & \text{in } \widetilde{\Omega}_{\varepsilon}, \\ \frac{\partial v_{\varepsilon}}{\partial \nu} = 0 & \text{on } \partial \widetilde{\Omega}_{\varepsilon}, \end{cases}$$

as desired.

Now we want to obtain the limiting equation. Since, by assumption, $(u_{\varepsilon})_{\varepsilon}$ is uniformly bounded in L^{∞} , the sequence $f_{\varepsilon} := \delta^2 W'(v_{\varepsilon}) \chi_{\widetilde{\Omega}_{\varepsilon}}$ converges strongly in $L^p_{\text{loc}}(\mathbb{R}^3)$ to f := 0, for all $p \ge 1$. Moreover,

$$\mathbb{R}^3 \setminus \widetilde{\Omega}_\varepsilon \xrightarrow{H} \mathbb{R}^3 \setminus \Omega_\infty \,, \qquad \text{as } \varepsilon \to 0 \,.$$

Thus, using Theorem 4.4, we get that there exists $\hat{v} \in W^{2,p}(\Omega_{\infty})$, such that, up to a subsequence, it holds

$$v_\varepsilon\chi_{\widetilde{\Omega}_\varepsilon}\to \hat{v}\chi_{\Omega_\infty}\quad \text{ in } L^q_{\mathrm{loc}}(\mathbb{R}^3) \text{ for all } q\in[1,\infty),$$

and

$$\nabla v_{\varepsilon} \chi_{\widetilde{\Omega}_{\varepsilon}} \to \nabla \hat{v} \chi_{\Omega_{\infty}} \quad \text{in } L^{2}_{\text{loc}}(\mathbb{R}^{3}; \mathbb{R}^{3}),$$

as $\varepsilon \to 0$. This proves (ii). In particular, if we fix R > 1, we get that

$$\int_{\Omega_{\infty} \cap B_{2R}} |\nabla \hat{v}|^2 d\mathbf{x} = \lim_{\varepsilon \to 0} \int_{\widetilde{\Omega}_{\varepsilon} \cap B_{2R}} |\nabla v_{\varepsilon}|^2 d\mathbf{x} = 0, \tag{4.24}$$

where we used (4.22) with v_{ε} as a test function, together with the fact that $\|W'(v_{\varepsilon})v_{\varepsilon}\|_{L^{\infty}}$ is uniformly bounded in ε . Therefore, recalling that Ω_{∞} has two disjoint connected components, we get that there exist $m_1, m_2 \in \mathbb{R}$ such that

$$v_{\varepsilon} \to m_1$$
 locally uniformly in $\Omega_{\infty} \cap B_{2R} \cap \{x < 0\},\$

and

$$v_{\varepsilon} \to m_2$$
 locally uniformly in $\Omega_{\infty} \cap B_{2R} \cap \{x > 0\}$,

as $\varepsilon \to 0$, Moreover, for any choice of a and M such that $E(a, M) \subset B_{2R}$, we get that

$$v_{\varepsilon} \to m_1$$
 locally uniformly in $E^{\ell}(a, M)$

and

$$v_{\varepsilon} \to m_2$$
 locally uniformly in $E^{\rm r}(a, M)$,

as $\varepsilon \to 0$, Going back to the original coordinates gives us the desired result. Step 1.2: boundary conditions on the external ellipsoid. Note that by assumption, we get that u_{ε} is a weak solution to

$$\begin{cases} \Delta u_{\varepsilon} = W'(u_{\varepsilon}) & \text{in } \widetilde{\Omega}_{\varepsilon} ,\\ \frac{\partial u_{\varepsilon}}{\partial u} = 0 & \text{on } \partial \widetilde{\Omega}_{\varepsilon} . \end{cases}$$

Moreover, $W'(u_{\varepsilon})\chi_{\Omega_{\varepsilon}} \in L^p_{loc}(\mathbb{R}^3)$ for all $p \in [1, \infty]$, since by assumption, $(u_{\varepsilon})_{\varepsilon}$ is uniformly bounded in L^{∞} . Therefore, arguing as in the previous step, and using Sobolev embeddings, we get that $u_{\varepsilon}\chi_{\Omega_{\varepsilon}^{\ell}}$ converges uniformly to α and $u_{\varepsilon}\chi_{\Omega_{\varepsilon}^{r}}$ converges uniformly to β . In particular, let $r_0 > 0$ be given by assumption (H3). Fix $0 < \rho < r_0$ and define

$$E_{\varepsilon,\rho}^{\ell} := E_{\rho} \cap \{x < -\varepsilon\}$$
 and $E_{\varepsilon,\rho}^{r} := E_{\rho} \cap \{x > \varepsilon\}.$

Then, from the above argument, we get that

$$\alpha - \gamma_{\varepsilon}^{\ell} < u_{\varepsilon} < \alpha + \gamma_{\varepsilon}^{\ell} \quad \text{on } \partial E_{\varepsilon,\rho}^{\ell}$$
,

$$\beta - \gamma_{\varepsilon}^{\mathrm{r}} < u_{\varepsilon} < \beta + \gamma_{\varepsilon}^{\mathrm{r}} \quad \text{on } \partial E_{\varepsilon,\rho}^{\mathrm{r}}$$
,

as $\varepsilon \to 0$, where

$$\gamma_{\varepsilon}^{\ell} \coloneqq ||u_{\varepsilon} - \alpha||_{L^{\infty}(E_{\varepsilon,\rho}^{\ell})} \to 0 \quad \text{and} \quad \gamma_{\varepsilon}^{r} \coloneqq ||u_{\varepsilon} - \beta||_{L^{\infty}(E_{\varepsilon,\rho}^{r})} \to 0.$$

Step 2: energy estimate outside the neck. Consider the function $f: \mathbb{R} \times \mathbb{R} \to \mathbb{R}$ given by

$$f(s,t) := 2\pi[(s-\alpha)^2 + (t-\beta)^2].$$

Then, the minimum of f over the set $\alpha \leq s \leq t \leq \beta$ is defined as

$$f\left(\frac{\beta+\alpha}{2}, \frac{\beta+\alpha}{2}\right) = \pi(\beta-\alpha)^2.$$

Thus, from (4.12), we obtain that

$$\liminf_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) \geqslant \pi(\beta - \alpha)^{2}.$$

Let ξ_{ε} be the function defined in (3.5). Then, by (3.7), we get that

$$\limsup_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(\xi_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \pi(\beta - \alpha)^{2}.$$

Thus, from we obtain that

$$\lim_{\varepsilon \to 0} \frac{|\ln(\delta/\eta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \pi(\beta - \alpha)^{2}.$$

In particular, this yields that $m_1 = m_2$, which proves (i). Moreover, by noticing that all the inequalities in (4.18) are equalities, we get that

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}).$$

Step 3: limiting problem. First, we prove that \hat{v} is an admissible competitor for the problem in (iii). From (i), we know that

$$\hat{v} = \frac{\alpha + \beta}{2}, \quad \text{on } B_R \cap \Omega_{\infty}.$$

We now prove that it satisfies also the boundary conditions at infinity. Using the scale-invariant Poincaré inequality (4.4), we get that

$$\|v_{\varepsilon} - \overline{v}_{\varepsilon}\|_{L^{6}(\widetilde{\Omega}_{\varepsilon})} \leqslant C \|\nabla v_{\varepsilon}\|_{L^{2}(\widetilde{\Omega}_{\varepsilon})},$$

which, together with the fact that $\overline{v}_{\varepsilon} \to \alpha \chi_{\Omega_{\infty}^{\varepsilon}} + \beta \chi_{\Omega_{\infty}^{r}} \in L^{6}(\Omega_{\infty})$, as $\varepsilon \to 0$, yields that \hat{v} is an admissible competitor for the problem in (iii).

Finally, we prove that \hat{v} solves the minimisation problem in (iii). The argument is similar to that of Step 3 of the proof of [19, Theorem 4.1]. Fix $M > |\alpha|, |\beta|$. We can assume, without loss of generality, that every function $\varphi \in \mathcal{A}$ is such that $\|\varphi\|_{L^{\infty}(\Omega_{\infty})} \leq M$. Indeed, given $\varphi \in \mathcal{A}$, by considering the truncation $\widetilde{\varphi} := (\varphi \wedge M) \vee (-M)$ we get that $\widetilde{\varphi} \in \mathcal{A}$ and

$$\frac{1}{2} \int_{\Omega} |\nabla \widetilde{\varphi}|^2 d\mathbf{x} \leqslant \frac{1}{2} \int_{\Omega} |\nabla \varphi|^2 d\mathbf{x}.$$

Thus, let us take $\varphi \in \mathcal{A}$ with $\|\varphi\|_{L^{\infty}(\Omega_{\infty})} \leq M$. Define the function $\varphi_{\varepsilon} : \Omega_{\varepsilon} \to \mathbb{R}$ as

$$\varphi_{\varepsilon}(x,y,z) \coloneqq \varphi\left(\frac{x}{\delta}, \frac{y}{\delta}, \frac{z}{\delta}\right).$$

Then, there exist constants $C, \widetilde{C} > 0$, such that, for all $\varepsilon > 0$ it holds

$$\|\varphi_{\varepsilon} - u_{0,\varepsilon}\|_{L^{2}(\Omega_{\varepsilon})} \leqslant C \|\varphi_{\varepsilon} - u_{0,\varepsilon}\|_{L^{6}(\Omega_{\varepsilon})} = \widetilde{C}\delta^{\frac{1}{2}}.$$

Therefore, for ε sufficiently small, we get that φ_{ε} is an admissible competitor for the minimisation problem solved by u_{ε} . Thus,

$$F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant F(\varphi_{\varepsilon}, \Omega_{\varepsilon}).$$
 (4.25)

Note that

$$F(u_{\varepsilon}, \Omega_{\varepsilon}) = \frac{\delta}{2} \int_{\widetilde{\Omega}_{\varepsilon}} |\nabla v_{\varepsilon}|^{2} d\mathbf{x} + \int_{\Omega_{\varepsilon}} W(u_{\varepsilon}) d\mathbf{x},$$

and (recall that $\widetilde{\Omega}_{\varepsilon} \subset \Omega_{\infty}$)

$$F(\varphi_{\varepsilon}, \Omega_{\varepsilon}) = \frac{\delta}{2} \int_{\widetilde{\Omega}_{\varepsilon}} |\nabla \varphi|^2 d\mathbf{x} + \int_{\Omega_{\varepsilon}} W(\varphi_{\varepsilon}) d\mathbf{x}.$$

Thus, taking the liminf on both sides of (4.25), and using the fact that φ_{ε} , u_{ε} converges in L^2 to zeros of W, we get

$$\frac{1}{2} \int_{\Omega_{\infty}} |\nabla \hat{v}|^2 d\mathbf{x} \leqslant \liminf_{\varepsilon \to 0} F(u_{\varepsilon}, \Omega_{\varepsilon}) \leqslant \liminf_{\varepsilon \to 0} F(\varphi_{\varepsilon}, \Omega_{\varepsilon}) = \frac{1}{2} \int_{\Omega_{\infty}} |\nabla \varphi|^2 d\mathbf{x},$$

proving that that \hat{v} solves the claimed minimisation problem. This concludes the proof.

Remark 4.7. We highlight that, from Step 1.1 of the proof (see (4.24)), it follows that the transition happens outside any ball of radius δ around the neck.

4.5. Narrow thick regime. Here we consider the scaling of the energy in the narrow thick regime $\delta \gg \varepsilon \approx \eta$, namely when

$$\lim_{\varepsilon \to 0} \frac{\eta}{\delta} = 0 \quad \text{and} \quad \lim_{\varepsilon \to 0} \frac{\eta}{\varepsilon} = l \in (0, +\infty).$$

Since the ellipsoidal competitor outside the neck provides an energy whose order is lower than the energy of the affine competitor in the neck, we expect the transition happening outside the neck. Denoting by u_{ε} a local minimiser of the functional (1.3), the only rescaling that allows us to both see a nice limiting space, and to use the rescaled Poincaré inequality is

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\delta x, \delta y, \delta z).$$

Using this rescaling, the limiting domain becomes

$$\widetilde{\Omega}_{\infty} = \{x < 0\} \cup (\{0\} \times [-1, 1] \times \{0\}) \cup \{x > 0\}.$$

However, note that, as $\varepsilon \to 0$,

$$\mathbb{R}^3 \setminus \widetilde{\Omega}_{\varepsilon} \stackrel{H}{\to} \mathbb{R}^3 \setminus \Omega_{\infty} ,$$

where

$$\widetilde{\Omega}_{\varepsilon} := \frac{1}{\delta} \Omega_{\varepsilon}, \qquad \Omega_{\infty} = \{x < 0\} \cup \{x > 0\}.$$

The same argument used in the proof of Theorem 4.6 yields the following result, therefore we omit the proof.

Theorem 4.8. Let $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ be an admissible family of local minimisers as in Definition 2.2. Assume that $\delta \gg \varepsilon \approx \eta$. Then,

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \pi(\beta - \alpha)^{2}.$$

Moreover, for $\varepsilon > 0$ let $v_{\varepsilon} : \widetilde{\Omega}_{\varepsilon} \to \mathbb{R}$ be defined as

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\delta x, \delta y, \delta z).$$

Then, there exists R > 0 such that the following hold:

- (i) $v_{\varepsilon} \to \frac{\alpha+\beta}{2}$ uniformly on B_R , as $\varepsilon \to 0$;
- (ii) There exists $\hat{v} \in H^1_{loc}(\Omega_{\infty})$ such that $v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}} \to \hat{v}\chi_{\Omega_{\infty}}$ strongly in $H^1_{loc}(\mathbb{R}^3)$, as $\varepsilon \to 0$; (iii) The function \hat{v} is the unique minimiser of the variational problem

$$\min \left\{ \frac{1}{2} \int_{\Omega_{\infty}} |\nabla v|^2 \, \mathrm{d}x : v \in H^1_{\mathrm{loc}}(\Omega_{\infty}), \ v - \alpha \chi_{\Omega_{\infty}^{\ell}} - \beta \chi_{\Omega_{\infty}^{\mathrm{r}}} \in L^6(\Omega_{\infty}), \right.$$
$$v = \frac{\alpha + \beta}{2} \ on \ B_R \cap \Omega_{\infty} \right\},$$

$$\ where \ \Omega_{\infty}^{\ell} \coloneqq \left\{ x < 0 \right\}, \ and \ \Omega_{\infty}^{\mathrm{r}} \coloneqq \left\{ x > 0 \right\}.$$

4.6. Letter-box regime. We now consider the regime in which $\delta \gg \varepsilon \gg \eta$, namely when

$$\lim_{\varepsilon \to 0} \frac{\delta}{\varepsilon} = +\infty \quad \text{and} \quad \lim_{\varepsilon \to 0} \frac{\eta}{\delta} = 0.$$

In this regime, the transition will happen all inside, all outside, or everywhere, depending on the parameter

$$\ell := \lim_{\varepsilon \to 0} \frac{\delta \eta}{\varepsilon} \frac{|\ln \eta / \delta|}{\delta}.$$
 (4.26)

In particular, we will prove that if $\ell \in (0, +\infty)$, then the transition happens everywhere, while if $\ell=0$ then transition occurs all inside and if $\ell=+\infty$ all outside.

4.6.1. Critical letter-box regime. This sub-regime, corresponds to the case $\ell \in (0, +\infty)$. We capture the transition in the bulk by applying a similar argument to the one in Theorem 4.6, in which around the neck, the rescaled profile v_{ε} converges to the average of the two phases, namely $(\alpha + \beta)/2$. In the critical letter-box regime we have instead that the rescaled profile converges to different constants m_1 on $\{x < 0\}$ and m_2 on $\{x > 0\}$. Once we have this information, we can understand how to describe the transition in the neck, by taking into account the fact that we know the boundary conditions. Then, a similar technique used in Theorem 4.2 applies.

Theorem 4.9. Let $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ be an admissible family of local minimisers as in Definition 2.2. Assume that $\delta \gg \varepsilon \gg \eta$, and that

$$\ell := \lim_{\varepsilon \to 0} \frac{\delta \eta}{\varepsilon} \frac{|\ln(\eta/\delta)|}{\delta} \in (0, +\infty).$$

Then,

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \frac{|\ln(\eta/\delta)|}{\delta \ell} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \frac{\pi(\beta - \alpha)^2}{\pi + \ell}.$$
 (4.27)

In particular

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, N_{\varepsilon}) = \frac{\pi^2 (\beta - \alpha)^2}{(\pi + \ell)^2},$$

and

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \frac{\pi \ell^{2} (\beta - \alpha)^{2}}{(\pi + \ell)^{2}}.$$

Moreover:

(i) Consider the rescaled profile $w_{\varepsilon}: \overline{\Omega}_{\varepsilon} \to \mathbb{R}$ defined as $w_{\varepsilon}(x, y, z) := u_{\varepsilon}(\varepsilon x, \delta y, \eta z), \tag{4.28}$

where $\overline{\Omega}_{\varepsilon}$ is the rescaled domain of Ω_{ε} . Let us assume that $w_{\varepsilon} \rightharpoonup \hat{w}$ in $H^1(N)$, for some $\hat{w} \in H^1(N)$. Then, $\hat{w}(x,y,z) = w(x)$ where $w \in H^1([-1,1])$ is the unique minimiser of the variational problem

$$\min \left\{ \frac{1}{2} \int_{-1}^{1} |v'|^2 \, \mathrm{d}x : \ v \in H^1(-1,1), \ v(-1) = \frac{\pi \alpha + \left(\frac{\alpha + \beta}{2}\right)\ell}{\pi + \ell}, \right.$$
$$v(1) = \frac{\pi \beta + \left(\frac{\alpha + \beta}{2}\right)\ell}{\pi + \ell} \right\};$$

(ii) Let

$$\widetilde{\Omega}_{\varepsilon} := \frac{1}{\delta} \Omega_{\varepsilon}, \qquad \Omega_{\infty} := \{x < 0\} \cup \{x > 0\}.$$

Define the rescaled profile $v_{\varepsilon} \in H^1(\widetilde{\Omega}_{\varepsilon})$ as

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\delta x, \delta y, \delta z).$$
 (4.29)

Then, there esists $\hat{v} \in H^1(\Omega_\infty)$ such that $v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}} \to \hat{v}\chi_{\Omega_\infty}$ strongly in $H^1_{loc}(\mathbb{R}^3)$ as $\varepsilon \to 0$, where \hat{v} is the solution of the minimisation problem

$$\min \left\{ \frac{1}{2} \int_{\Omega_{\infty}} |\nabla v|^2 \, d\mathbf{x} : v \in H^1(\Omega_{\infty}), v - \alpha \chi_{\{x < 0\}} - \beta \chi_{\{x > 0\}} \in L^6(\Omega_{\infty}), \right.$$

$$v = \frac{\pi \alpha + \left(\frac{\alpha + \beta}{2}\right) \ell}{\pi + \ell} \text{ on } B_M \cap \{x < 0\},$$

$$v = \frac{\pi \beta + \left(\frac{\alpha + \beta}{2}\right) \ell}{\pi + \ell} \text{ on } B_M \cap \{x > 0\} \right\},$$

for some $M \geqslant 2$.

Proof. First of all, note that, using (3.18) and (4.26), for any given constants $A, B \in \mathbb{R}$ with $A \leq B$, we have

$$\frac{|\ln(\eta/\delta)|}{\delta}F(u,\Omega_{\varepsilon}) \leqslant \pi \left[(A-\alpha)^2 + (B-\beta)^2 \right] + \frac{\delta \eta}{\varepsilon} \frac{|\ln(\eta/\delta)|}{\delta} (B-A)^2. \tag{4.30}$$

Therefore, for every $\lambda > 0$ there exists $\varepsilon_0 > 0$ such that for every $\varepsilon < \varepsilon_0$ we have

$$\frac{|\ln(\eta/\delta)|}{\delta}F(u,\Omega_{\varepsilon}) \leqslant \pi \left[(A-\alpha)^2 + (B-\beta)^2 \right] + (\ell+\lambda)(B-A)^2. \tag{4.31}$$

Step 1: lower bound of the energy in the bulk. The same strategy used in Theorem 4.6, in which we obtained the boundary conditions at the edge of the neck, applies.

Consider the rescaling $v_{\varepsilon} \in H^1(\widetilde{\Omega}_{\varepsilon})$ defined in (4.29) and the limiting domain Ω_{∞} . By following the strategy in Step 1 of Theorem 4.6 we obtain that there is R > 0 and $\hat{v} \in H^1(\Omega_{\infty})$ such that $v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}} \to \hat{v}\chi_{\Omega_{\infty}}$ in $H^1_{loc}(\mathbb{R}^3)$ and that \hat{v} is constant on each connected component of $(\{x < 0\} \cup \{x > 0\}) \cap B_R$. In other words, there are $m_1, m_2 \in \mathbb{R}$ such that

$$\hat{v}_{|B_R} = \begin{cases} m_1 & \text{if } x < 0, \\ m_2 & \text{if } x > 0. \end{cases}$$

Therefore, we can show that the following lower bound estimate holds

$$\liminf_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon}) \geqslant 2\pi \left[(m_1 - \alpha)^2 + (m_2 - \beta)^2 \right]. \tag{4.32}$$

Step 2: lower bound of the energy in the neck. From the previous step, we infer that for any $\mu > 0$, there exists $\varepsilon_1 > 0$ such that, for every $\varepsilon < \varepsilon_1$,

$$m_1 - \mu \leqslant u_{\varepsilon} \leqslant m_1 + \mu$$
 on $\partial E^{\ell}(a_{\varepsilon}, M_{\varepsilon}),$
 $m_2 - \mu \leqslant u_{\varepsilon} \leqslant m_2 + \mu$ on $\partial E^{r}(a_{\varepsilon}, M_{\varepsilon}),$

for a suitable ellipsoid $E(a_{\varepsilon}, M_{\varepsilon})$. From that, we obtain a lower bound of the energy in the neck. Indeed,

$$\frac{\varepsilon}{2\delta\eta} \int_{N_{\varepsilon}} |\nabla u_{\varepsilon}|^{2} d\mathbf{x} \ge \inf \left\{ \frac{1}{2} \int_{N_{\varepsilon}} |\nabla v|^{2} d\mathbf{x} : v \in H^{1}(N_{\varepsilon}), \\
v \ge m_{1} - \mu \text{ on } \{x = -\varepsilon\} \text{ and } v \le m_{2} + \mu \text{ on } \{x = \varepsilon\} \right\} \\
\ge \inf \left\{ \frac{1}{2} \int_{N_{\varepsilon}} |\nabla v|^{2} d\mathbf{x} : v \in H^{1}(N_{\varepsilon}), \\
v = m_{1} - \mu \text{ on } \{x = -\varepsilon\} \text{ and } v = m_{2} + \mu \text{ on } \{x = \varepsilon\} \right\} \\
= (m_{1} - m_{2} - 2\mu)^{2}, \tag{4.33}$$

where in the last step we used the fact that the minimiser of the above minimisation problem is given by the affine function.

Step 3: limit of the energy. By putting together (4.32), (4.33) and making use of (4.26), we obtain

$$\lim_{\varepsilon \to 0} \inf \frac{|\ln(\eta/\delta)|}{2\delta} \int_{\Omega_{\varepsilon}} |\nabla u_{\varepsilon}|^{2} d\mathbf{x} \geqslant \lim_{\varepsilon \to 0} \inf \frac{|\ln(\eta/\delta)|}{2\delta} \int_{\Omega_{\varepsilon}^{\ell} \cup \Omega_{\varepsilon}^{r}} |\nabla u_{\varepsilon}|^{2} d\mathbf{x}
+ \lim_{\varepsilon \to 0} \inf \frac{|\ln(\eta/\delta)|}{2\delta} \int_{N_{\varepsilon}} |\nabla u_{\varepsilon}|^{2} d\mathbf{x}
\geqslant 2\pi \left[(m_{1} - \alpha)^{2} + (m_{2} - \beta)^{2} \right] + \ell(m_{1} - m_{2} - 2\mu)^{2}.$$
(4.34)

On the other hand, from (4.31), we have

$$2\pi \left[(m_1 - \alpha)^2 + (m_2 - \beta)^2 \right] + (\ell + \lambda) \left(m_1 - m_2 \right)^2 \geqslant \limsup_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{2\delta} \int_{\Omega_{\varepsilon}} |\nabla u_{\varepsilon}|^2 d\mathbf{x}.$$

By letting $\mu, \lambda \to 0$ in the above two inequalities, we obtain

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{2\delta} \int_{\Omega_{\varepsilon}} |\nabla u_{\varepsilon}|^2 d\mathbf{x} = 2\pi \left[(m_1 - \alpha)^2 + (m_2 - \beta)^2 \right] + \ell(m_1 - m_2)^2. \tag{4.35}$$

The right-hand side is minimized for

$$m_1 = \frac{\pi \alpha + \left(\frac{\alpha + \beta}{2}\right)\ell}{\pi + \ell}$$
 and $m_2 = \frac{\pi \beta + \left(\frac{\alpha + \beta}{2}\right)\ell}{\pi + \ell}$, (4.36)

which gives

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \frac{\pi (\beta - \alpha)^2}{\pi + \ell}.$$

In particular, by noticing that all the inequalities in (4.32), (4.33), and (4.34) are equalities, we get

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, N_{\varepsilon}) = \frac{\pi^2 (\beta - \alpha)^2}{(\pi + \ell)^2},$$

and

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \frac{\pi \ell^{2} (\beta - \alpha)^{2}}{(\pi + \ell)^{2}}.$$

Step 4: limiting problems. Now we investigate the variational problem that the rescalings v_{ε} , defined in (4.29), in the bulk and w_{ε} , defined in (4.28), in the neck satisfy asymptotically.

Step 4.1: limiting problem in the neck. By acting like Step 1.1 of Theorem 4.6, let R > 0 be such that, [as $\varepsilon \to 0$,]

$$u_{\varepsilon} \to m_1$$
 uniformly on $B_{\delta R} \cap \{x \leqslant -\varepsilon\},\$

$$u_{\varepsilon} \to m_2$$
 uniformly on $B_{\delta R} \cap \{x \geqslant \varepsilon\}$,

with m_1, m_2 defined in (4.36). In particular, u_{ε} has asymptotic boundary conditions ad the edge of the neck m_1 and m_2 respectively. Using the fact that $\delta \gg \varepsilon \gg \eta$, it follows that, if we consider the rescaling (4.28),

$$w_{\varepsilon} \to m_1$$
 uniformly on $\{x = -1\} \times [-1, 1]^2$,
 $w_{\varepsilon} \to m_2$ uniformly on $\{x = 1\} \times [-1, 1]^2$, (4.37)

as $\varepsilon \to 0$, which gives us the asymptotic boundary conditions at the edge of the neck satisfied by the limiting profile. By assumption, there exists $\hat{w} \in H^1(N)$ such that $w_{\varepsilon} \rightharpoonup \hat{w}$ in $H^1(N)$ as $\varepsilon \to 0$ and, from (4.37), \hat{w} is an admissible competitor for the variational problem in (i). Moreover,

$$(m_1 - m_2)^2 \geqslant \frac{\varepsilon}{2\delta\eta} \liminf_{\varepsilon \to 0} \int_{N_{\varepsilon}} |\nabla u_{\varepsilon}|^2 d\mathbf{x}$$

$$= \liminf_{\varepsilon \to 0} \frac{1}{2} \int_{N} \left((\partial_x w_{\varepsilon})^2 + \frac{\varepsilon^2}{\delta^2} (\partial_y w_{\varepsilon})^2 + \frac{\varepsilon^2}{\eta^2} (\partial_z w_{\varepsilon})^2 \right) d\mathbf{x}. \tag{4.38}$$

Since $\varepsilon/\eta \to \infty$, we have that \hat{w} do not depend on the variable z and since we know that $w_{\varepsilon} \rightharpoonup \hat{w}$ we have, from (4.38), that

$$(m_1 - m_2)^2 \geqslant \liminf_{\varepsilon \to 0} \frac{1}{2} \int_N (\partial_x w_\varepsilon)^2 \, d\mathbf{x} = \int_{[-1,1]^2} (\partial_x \hat{w}(x,y))^2 \, dx dy$$

$$= \int_{-1}^1 \int_{-1}^1 (\partial_x \hat{w}(x,y))^2 \, dx dy \geqslant \frac{1}{2} \int_{-1}^1 \left| \int_{-1}^1 \partial_x \hat{w}(x,y) \, dx \right|^2 dy$$

$$= \frac{1}{2} \int_{-1}^1 \left| \hat{w}(1,y) - \hat{w}(-1,y) \right|^2 dy$$

$$= (m_1 - m_2)^2,$$

where in the second inequality we used Jensen inequality. Therefore, we conclude that $\hat{w}(x,y,z)$ w(x) for $w \in H^1([-1,1])$ and w solves the variational problem in (i).

Step 4.2: limiting problem. We use a similar argument to the one employed in Step 3 of Theorem 4.6 applies. More specifically, \hat{v} is admissible competitor for the problem in (ii) and

$$\hat{v}_{|B_R \cap \Omega_\infty} = \begin{cases} \frac{\pi \alpha + \left(\frac{\alpha + \beta}{2}\right)\ell}{\pi + \ell} & \text{on} \quad \{x < 0\}, \\ \frac{\pi \beta + \left(\frac{\alpha + \beta}{2}\right)\ell}{\pi + \ell} & \text{on} \quad \{x > 0\}. \end{cases}$$

By using the rescaled Poincaré inequality, we get the

$$\|v_{\varepsilon} - \overline{v}_{\varepsilon}\|_{L^{6}(\widetilde{\Omega}_{\varepsilon})} \leqslant C \|\nabla v_{\varepsilon}\|_{L^{2}(\widetilde{\Omega}_{\varepsilon})}.$$

In analogy with Step 2 of Theorem 4.2 we get $\overline{v}_{\varepsilon} \to \alpha \chi_{\Omega_{\infty}^{\ell}} + \beta \chi_{\Omega_{\infty}^{r}} \in L^{6}(\Omega_{\infty})$, as $\varepsilon \to 0$. Finally, by applying the last part of Step 3 of Theorem 4.6, we have that \hat{v} solves the variational problem in (ii).

Remark 4.10. Note that in this case, we do not have compactness of the rescaled profile w_{ε} inside the neck. This is due to the fact that the only rescaling that allows us to see the neck at scale one does not give a uniform bound on the gradient of the rescaled profile (in particular, the derivative with respect to the variable y cannot be bounded).

We now investigate the remaining two sub-regimes.

4.6.2. Super-critical Letter-box regime. In this sub-regime, we have

$$\ell = \lim_{\varepsilon \to 0} \frac{\delta \eta}{\varepsilon} \frac{|\ln(\eta/\delta)|}{\delta} = +\infty.$$

In this case, we recover the same result as

Theorem 4.11. Let $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ be an admissible family of local minimisers as in Definition 2.2. Assume that $\delta \gg \varepsilon \gg \eta$ and that $\ell = +\infty$. Then,

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \pi(\beta - \alpha)^{2}.$$

Moreover, let

$$\widetilde{\Omega}_{\varepsilon} \coloneqq \frac{1}{\delta} \Omega_{\varepsilon}, \qquad \quad \Omega_{\infty} \coloneqq \{x < 0\} \cup \{x > 0\}.$$

Define the rescaled profile $v_{\varepsilon} \colon \widetilde{\Omega}_{\varepsilon} \to \mathbb{R}$ be defined as

$$v_{\varepsilon}(x,y,z) := u_{\varepsilon}(\delta x, \delta y, \delta z).$$

Then, there exists R > 0 such that the following hold:

- (i) $v_{\varepsilon} \to \frac{\alpha+\beta}{2}$ uniformly on B_R , as $\varepsilon \to 0$; (ii) There exists $\hat{v} \in H^1_{loc}(\Omega_{\infty})$ such that $v_{\varepsilon}\chi_{\widetilde{\Omega}_{\varepsilon}} \to \hat{v}\chi_{\Omega_{\infty}}$ strongly in $H^1_{loc}(\mathbb{R}^3)$, as $\varepsilon \to 0$; (iii) The function \hat{v} is the unique minimizer of the variational problem

$$\min \left\{ \frac{1}{2} \int_{\Omega_{\infty}} |\nabla v|^2 \, \mathrm{d}x : v \in \mathcal{A} \right\},\,$$

$$\mathcal{A} := \left\{ v \in H^1_{loc}(\Omega_{\infty}), \ v - \alpha \chi_{\Omega_{\infty}^{\ell}} - \beta \chi_{\Omega_{\infty}^{r}} \in L^6(\Omega_{\infty}), \ v = \frac{\alpha + \beta}{2} \ on \ B_R \cap \Omega_{\infty} \right\},$$
and $\Omega_{\infty}^{\ell} := \left\{ x < 0 \right\}, \ and \ \Omega_{\infty}^{r} := \left\{ x > 0 \right\}.$

Proof. The proof follows the ones for Theorems 4.9 and 4.6.

Step 1: bound of the energy. For any given constants A, B > 0 with $A \leq B$, we have

$$\frac{|\ln(\eta/\delta)|}{\delta}F(u_{\varepsilon}) \leqslant \pi \left[(A - \alpha)^2 + (B - \beta)^2 \right] + \frac{\delta \eta}{\varepsilon} \frac{|\ln(\eta/\delta)|}{\delta} (B - A)^2.$$

Since

$$\lim_{\varepsilon \to 0} \frac{\delta \eta}{\varepsilon} \frac{|\ln(\eta/\delta)|}{\delta} = +\infty,$$

the only way to get that the right-hand side of the above inequality is bounded uniformly in ε , is to choose A = B. This gives the estimate

$$\frac{|\ln(\eta/\delta)|}{\delta}F(u_{\varepsilon}) \leqslant \pi[(A-\alpha)^{2} + (A-\beta)^{2}].$$

Step 2. Lower bound of the energy. From (4.35), we get

$$\liminf_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{2\delta} \int_{\Omega_{\varepsilon}} |\nabla u_{\varepsilon}|^{2} d\mathbf{x} \geqslant \liminf_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{2\delta} \int_{\Omega_{\varepsilon}^{\ell} \cup \Omega_{\varepsilon}^{r}} |\nabla u_{\varepsilon}|^{2} d\mathbf{x}$$

$$+ \liminf_{\varepsilon \to 0} \frac{\left| \ln(\eta/\delta) \right|}{2\delta} \int_{N_{\varepsilon}} \left| \nabla u_{\varepsilon} \right|^{2} d\mathbf{x}$$

$$\geqslant \liminf_{\varepsilon \to 0} \left[2\pi \left[(m_1 - \alpha)^2 + (m_2 - \beta)^2 \right] + \frac{|\ln(\eta/\delta)|}{\delta} \frac{\delta \eta}{\varepsilon} (m_1 - m_2)^2 \right].$$

Therefore, as in Theorem 4.6, we have an optimality condition on m_1 and m_2 , which, together with (4.6.2), leads to

$$A = m_1 = m_2 = \frac{\alpha + \beta}{2}.$$

Therefore

$$\lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{|\ln(\eta/\delta)|}{\delta} F(u_{\varepsilon}, \Omega_{\varepsilon} \setminus N_{\varepsilon}) = \pi(\beta - \alpha)^{2}.$$

The rest of the proof is identical to the one in Theorems 4.6 and 4.9 and we obtain the desired result.

4.6.3. Sub-critical Letter-box regime. In this sub-regime, we have

$$\ell = \lim_{\varepsilon \to 0} \frac{\delta \eta}{\varepsilon} \frac{|\ln(\eta/\delta)|}{\delta} = 0.$$

In this case, we recover the same result as in Theorem 4.2.

Theorem 4.12. Let $(u_{\varepsilon})_{\varepsilon} \subset H^1(\Omega_{\varepsilon})$ be an admissible family of local minimisers as in Definition 2.2. Assume that $\delta \gg \varepsilon \gg \eta$ and that $\ell = 0$. Then,

$$\lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, \Omega_{\varepsilon}) = \lim_{\varepsilon \to 0} \frac{\varepsilon}{\delta \eta} F(u_{\varepsilon}, N_{\varepsilon}) = (\beta - \alpha)^{2}.$$

Define the rescaled profile $v_{\varepsilon} \colon \overline{\Omega}_{\varepsilon} \to \mathbb{R}$ as

$$v_{\varepsilon}(x, y, z) := u_{\varepsilon}(\varepsilon x, \delta y, \eta z),$$

where $\overline{\Omega}_{\varepsilon}$ is the rescaled domain of Ω_{ε} . Then the following hold:

- (i) $v_{\varepsilon}\chi_{\widetilde{\Omega}^{\ell}_{\underline{c}}} \alpha\chi_{\widetilde{\Omega}^{\ell}_{\underline{c}}} \to 0$ in $L^{6}(\mathbb{R}^{3})$ and $v_{\varepsilon}\chi_{\widetilde{\Omega}^{r}_{\underline{c}}} \beta\chi_{\widetilde{\Omega}^{r}_{\underline{c}}} \to 0$ in $L^{6}(\mathbb{R}^{3})$, as $\varepsilon \to 0$;
- (ii) There exists $\hat{v} \in H^1(N)$ such that $v_{\varepsilon} \rightharpoonup \hat{v}$ weakly in $H^1(N)$, as $\varepsilon \to 0$;
- (iii) It holds that $\hat{v}(x,y,z) = v(x)$, where $v \in H^1(-1,1)$ is the unique minimizer of the variational problem

$$\min \left\{ \frac{1}{2} \int_{-1}^{1} |v'|^2 \, \mathrm{d}x : \ v \in H^1(-1,1), \ v(-1) = \alpha, \ v(1) = \beta \right\},\,$$

In particular, $v(x) = \frac{\beta - \alpha}{2}x + \frac{\alpha + \beta}{2}$.

Proof. The proof is an adaptation of Theorem 4.11 and we remark only the differences. Regarding the bound of the energy, we have that for any given constants A, B > 0 with $A \leq B$, we have

$$\frac{\varepsilon}{\delta\eta}F(u_{\varepsilon},\Omega_{\varepsilon})\leqslant \pi\frac{\varepsilon}{\delta\eta}\frac{\delta}{|\ln(\eta/\delta)|}\left[(A-\alpha)^2+(B-\beta)^2\right]+(B-A)^2.$$

Since (4.6.3) holds, we obtain a bound for the energy which is compatible with a transition inside the neck by choosing $A = \alpha$ and $B = \beta$.

By using the same techniques as in Theorems (4.6) and (4.9) we obtain the desired result. \Box

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